

# Flourish My Review

GDVX 742- Visual Analysis of Static Content  
Sapna Badhan

# Why did I choose this topic?



Time/ Date	03/27/2024	03/28/2024	03/29/2024	03/30/2024	03/31/2024	04/01/2024	04/02/2024
6 am	Woke up around 7:30 am and started preparing tea before my 8 am class. The class focused on motion study, and the instructor discussed the first project with the class and then work on CR.	Woke up around 8:30 and had some tea. Got ready for a walk and then went grocery shopping. Made chicken curry and rice for lunch. Spent almost an hour talking with mom.					
9 am	After class, I cleaned and cooked food for myself and my siblings, fed the bunnies, and then got dressed.	Started working on CR and planned to go to Barnes and Noble with my brother. Grabbed my favorite Javachip on the way. Later, I started working on motion design homework.	Woke up a little late and then went for a walk. Tried some homeopathic medicine for my eczema rashes.	Woke up and had tea then made plans for Saturday night with friends. Started preparing breakfast, which included roti and cauliflower with mixed vegetables and also dry to start day with WIP for CR.	Woke up and grabbed a tea. Today was dedicated to my school work and review. But first, I cleaned the house and the bunny's place, fed them, made a sandwich with an omelette, and had some juice.	Woke up and grabbed a tea. Didn't have time to join the class online, so I decided to drop it. Took the MARTA to school. Met Greg for the communication coaching session and practice, which was a great experience. I also practiced for my review during the session.	Woke up and grabbed a tea, watched TV, then had one paratha with curry. Starts working candency review projects which was first attempted
12 pm	Started traveling to college, caught the MARTA and college bus, and then arrived at college. Went to the library, worked on the review, then attended class where topics and groups were discussed. Had a break and received homework for collecting data and research on the topic "Thrift Store in Atlanta".	Remembered to grab biryani from Hyderabad House and then got chai from there. Later, came home, watched my Korean show, and then had a nap for a bit.	Cleaned the house and the clothes, and also cleaned the bunnies. Work on CR while watching tv.	Clean the house and then starts getting ready for the night. Planning to go kismet lounge. worked on for prof. Holly's class and for motion class and WIP CR.	Worked on the motion class WIP, with CR and started working on the 749 class. Added a lot of data, figured out statistics, and took a break later to watch an Indian funny cartoon.	Then I realized I forgot to charge my phone and then start working on CR, so I put it on the charging booth in the cafeteria. After that, I went back to the library to work on my review for a while. Then, I got ready for Professor Holly's class. During the class, Harkaran, Yosin, and I were a little confused about the assignment, but later we figured out who would do what.	Had a SCADAMP class with John on Zoom. It was an amazing experience, and it definitely helped me reduce anxiety.
3 pm	Went to SCADFlash to watch the exhibition for Manish Arora. It was a great experience with rich and elegant decorations for garments, reminds of India. Took pictures and the uploaded them on Instagram.	Had biryani and discussed plans with friends for the weekend. Later, had a hot chocolate and then resumed working on the review. Afterward, spoke with Professor Sam and asked him for feedback, but time was limited, so we didn't have much time to discuss the presentation.	Talked to Jennifer about scheduling for the tutoring center, but she was not in the office, so I will wait until Monday and still on CR.	Went to indian grocery shopping, and grab a burger from mcdonald's the work on cadency reviews for a while.	Made mixed vegetables and rice, then resumed working on college assignments.		Working CR and then went to a grocery shopping and then clean the house
6 pm	Stayed a couple of times at SCAD Pallets, drank chocolate milk and work on CR, and then decided to return home the same way.	Watched the news for a while and cleaned my two bunnies, then gave them vegetables. Had dinner at 8 and then worked on a couple of things before getting ready for bedtime.	Watched movies with my brothers and CR WIP.	My friend pick me up from home, first went Tin Drum and grab Chicken tikka masala and then for to the lounge.	WIP on work and then called mom; she is planning to come to the USA after the 19th of April. Super excited to hear it	Later, I joined the SCADamp with Vek for the in-person AMP 260 - Visualize Your Story class. He is an amazing person with great skills. After class, I met up with Kopal, who was heading to the SCAD to work on CR. Pallet. I joined her there, and we enjoyed some chocolate lava cake before heading back home. Come home, didn't eat anything, just watch movies and go sleep.	Working CR and then went to a grocery shopping and then clean the house
11 pm	Came home and then started preparing food. Watched TV and then talked to mom. Later, watched "All of Us Are Dead" Started preparing for sleep while watching a horror series and drinking cold milk at the same time.	watching horror movie Autopsy of Jane Doe and had a hot turmeric milk and go to sleep.	Getting ready to sleep again and had turmeric milk	Danced to Bollywood music and enjoyed a couple of drinks. Met up with my old friends, including Varun and his other friends	After such long day with work and now i am ready go to sleep and while listing old indian music.		Listened songs and then went to sleep
2 am	Woke up randomly and then started calling my friends in India. Talked with them for a while, later watched TikTok. Then, started meditating and eventually went back to sleep.	Because of insomnia I wokeup middle of the night and then go sleep again at 4 or sometime 5 am	Wokeup again and did some meditation and listen some music and walked outside for a while.	We had a great time catching up, and later they kindly dropped me and my friend off at home.		Wokeup again and did some meditation and listen some music and pray for while.	
5 am							








# DATASET

SLEEPING HABITS
INTERRUPTED SLEEP
INTERRUPTED SLEEP

WHO SUPPORTED ME?
MOM
FRIENDS

EATING HABITS
I ATE WELL
I DIDN'T EAT WELL





MEETING WITH PROFESSORS / SCADAMP TRAINERS & SELF-PREPARE FOR THE CANDIDACY REVIEW.
PROF. HOLLY
PROF. SAM
PROF. ERIC
PROF. FANO
JOHN
VEK
GREG
SELF- PREPARING

EMOTIONS








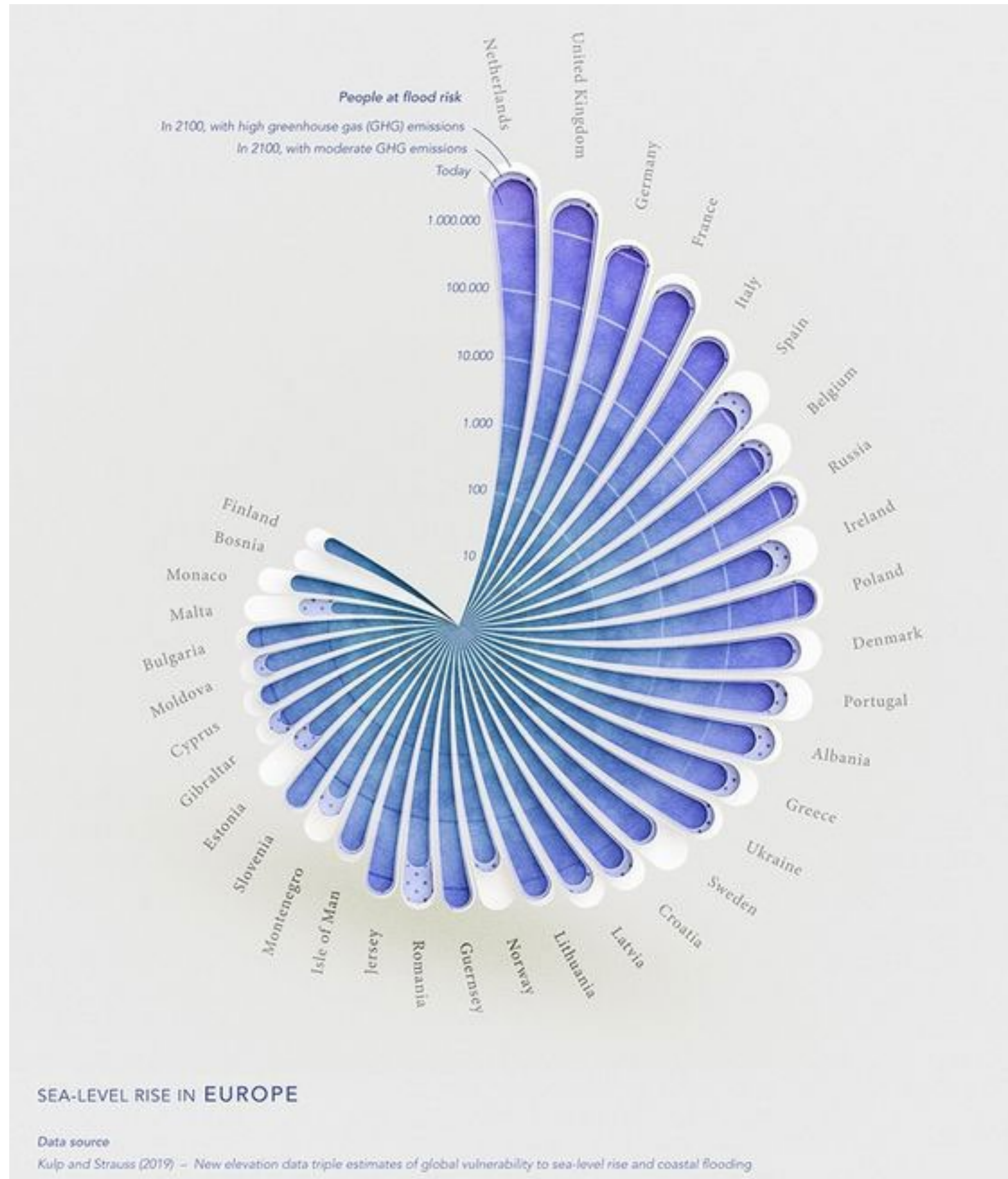
Date	Day	Time/random activities or performance	Before emotions	percentage	Meeting with Professor for the CR/self-preparing /SCADamp's train	Suggestions made for the candidacy review by professors/SCADamp's trainers and self prepared	Emotions after	Percentage	WIP	WIP Planning	Friends and family support	What did they said	How I feel about it	IF DID IT OR NOT	Eating and Drinking habits	Sleeping habits
3/27/24	Wednesday	Thinking mode 6 am - woke up had tea 9 am - had online class and ready for the college 12 pm - worked in library for the CR 3 pm - In pro. Holy class Happy mode 6 pm - Stayed at SCAD Pallet for an hour and worked on CR, then came back. 11 pm - little bit scared but then watched movie and same time working on CR and slept 2 am - woke up in the middle of the night at 1 am and then talked to mom and slept at 3 pm 5 am	😞	1.0	Self-preparing	Self-preparing for the review, revision one	😄	3.0		I was planning to add four projects: branding, booklet creation, problem-solving, and creating opportunities, and my individual project	Mom	You can do it	2.0		didn't eat too much	Sleep was a little disturbed
3/28/24	Thursday	Happy mode 6 am - woke up had tea 9 am - working on college work and CR 12 pm - 3 pm - Talked to prof. Sam about CR Sad mode 6 pm - working CR 11 pm - watching tv and getting ready for the sleep 2 am - Again woke up at 2 am and slept 4 5 am	😄	3.0	Professor Sam	Professor Sam suggested that adding four projects might be too much. He recommended narrowing down the selection. He also asked why Aplus, where it is located, and why focus on introvert and extrovert dynamics. Does this approach make sense?	😞	2.0		Let's start by narrowing down the ideas of Aplus and why a restaurant concept incorporating introvert and extrovert dynamics makes sense.	Mom	You can do it	1.0	NO	didn't eat too much	Sleep was a little disturbed
3/29/24	Friday	Sad mode 9 am - Woke up a little late and then went for a walk. Tried some homeopathic medicine for my eczema rashes. Blessed mode 12 pm - Cleaned the house and the clothes, and also cleaned the bunnies. Work on CR while watching tv. 3 pm - talked to mom and she said she is coming soon and still on CR. 6 pm - Watched movies with my brothers and CR WIP 11 pm - Getting ready to sleep again and had numeric milk 2 am - Again woke up at 2 am 5 am	😞	2.0	Self-preparing	I was reviewing Professor Sam's feedback on the four projects and considering each individual project.	😄	3.0	NONE	I am sketching again, narrowing down the ideas, and thinking about what makes sense for the candidacy review.	Friends	You can do it.	3.0	YES	Amazing	Great
3/30/24	Saturday	Happy mode 9 am - Woke up and had tea then made plans for Saturday night with friends. Started preparing breakfast which included rot and cauliflower with mixed vegetables and also dry to start day with WIP for CR. Happy mode 12 pm - Clean the house and then start getting ready for the night. Planning to go to kismet lounge. worked on for prof. Holy's class and for motion class and WIP CR. 3 pm - Went to indian grocery shopping, and grab a burger from mcdonald's the work on cadency reviews for a while. 6 pm - 11 pm -	😄	3.0	Self-preparing	I'm working on Aplus and starting to narrow down the idea, possibly adding mockups to make sense for Monday.	😄	3.0		Adding mockups and refining the process might help me and others navigate my ideas for this project.	Mom	You can do it.	3.0	YES	Amazing	Great
3/31/24	Sunday	Blessed Mode 9 am - Woke up and grabbed a tea. Today was dedicated to my school work and review. But first, I cleaned the house and the bunny's place, fed them, made a sandwich with an omelette, and had some juice. Thinking mode 12 pm - Worked on the CR WIP and added a lot of data, figured out statistics, and took a break. 3 pm - Made mixed vegetables and rice, then resumed working on CR. 6 pm - WIP on work and then called mom; she is planning to come to the USA after the 19th of April. Super excited to hear it. 11 pm - After such long day with work and now I am ready to go to sleep and while listening old indian music. 2 am - 5 am -	😄	None	Self-preparing	I'm working on Aplus and starting to narrow down the idea, possibly adding mockups to make sense for Monday.	😄	3.0		The revision process will continue.	Friends	You can do it	3.0	YES	Amazing	Great
4/1/24	Monday	Blessed mode 6 am - Woke up and grabbed a tea. Didn't have time to join the class online, so I decided to drop it. Took the MARTA to school. Met Greg for the communication coaching session and practice, which was a great experience. I also practiced for my review during the session. 9 am - Then I realized I forgot to charge my phone, so I put it on the charging booth in the cafeteria. After that, I went back to the library to work on my review for a while. 3 pm - 6 pm - Later, I joined the SCADamp with Vek for the in-person AMP 260 - Visualize Your Story class. He is an amazing person with great skills. 11 pm - Came back and sleep 2 am - 5 am -	😄	3.0	Greg Skura	Greg told me to stay focused on why I am using this company and whether it makes sense. He advised me to engage with the audience and proceed step by step.	😞	1.0	NONE	The plan was to complete the project by the upcoming week.	Mom	You can do it	1.0	YES	Amazing	Great
		Sad mode 9 am - Woke up and grabbed a tea, watched TV, then had one paratha with curry. Starts working candidacy														

Date	Day	Time	Mood	Activity	Score	Notes	Image	Thought	Score	Category	Feedback	Response	Score	Feedback	Response	
4/10/24	Wednesday	5 am -	Sad Mode	9 am - Ready for a new day. Grabbed tea and started working on CR and other projects. 12 pm - Working on CR and made food. 3 pm - Talked to Prof. Holly and Vek about my project. Thinking Mode 5 pm - Went for a walk. 6 pm - WIP on CR. 8 pm - 11 pm - Worked in Progress (WIP) on CR and then slept. 2 am - woke up at 2 - sleep at 4 pm 5 am -	2.0	Professor Sam	where it will take place.	3.0	NONE	during the meeting into my narrative.	Mom	You can do it.	2.0	NEUTRAL	didn't eat too much	Great
4/11/24	Thursday		Blessed Mode	9 am - After talking to Holly and getting feedback, I feel less and confident that I will be able to make progress on WIP in CR. 12 pm - Working on CR and made food. 3 pm - Made food and continued working on CR. Happy Mode 5 pm - Had a SCADAMP session with Greg and felt positive. 6 pm - WIP on CR. 8 pm - 11 pm - Worked in Progress (WIP) on CR and then slept. 2 am - 5 am -	3.0	Professor Holly	Professor Holly emphasized asking why you are using this, whether it helps anyone, who the target audience is, and where it will be implemented.	2.0	NONE	This is a good question to consider: why am I doing this? Now I need to start figuring that out too.	Friends	You can do it.	2.0	NEUTRAL	didn't eat too much	Sleep was a little disturbed
4/12/24	Friday		Blessed Mode	9 am - Ready to work on CR and grabbed a coffee. 1 talked to Prof. Erik about this class project I realized it might be a lengthy project. 12 pm - Working on CR and made food. Thinking Mode 3 pm - Made food and worked on it again. 5 pm - Took a rest and watched a movie. 6 pm - 9 pm - 11 pm - Worked in Progress (WIP) on CR and then slept. 2 am - Woke up 1 - 3 pm this time 5 am -	3.0	Greg Skura	One of the most effective exercises involves crafting a story and then passing it on to others, who then create their own versions and pass them along to more people.	3.0	NONE	The SCADAMP is the best workshop I've attended so far because it actively engages the audience. It focuses on creating meaningful and understandable stories that everyone can interpret in their own way.	Mom	You can do it.	3.0	YES	Amazing	Great
4/13/24	Saturday		Blessed Mode	9 am - Grabbed tea and started working on CR with apm. 2 pm - Working on CR and made food. Sad Mode 3 pm - Went for a walk and then started digital work. 5 pm - Realized it wouldn't be able to work. 6 pm - Still figuring it out. 9 pm - 11 pm - Worked in Progress (WIP) on CR and then slept. 2 am - 5 am -	3.0	Professor Erik	I talked to Professor Erik about the project, and he suggested that I should add the 701 work to my CR. However, he also mentioned that I need to work on several things first because the layout is too text-heavy.	3.0		I am thinking really closely about whether I should continue with this project or move on to something else. This project requires starting over, and I don't have the time to do that.	Mom	You can do it.	1.0	NO	didn't eat too much	Sleep was a little disturbed
4/14/24	Sunday		Happy Mode	9 am - Ready for college 11 am - Working on CR and having a coffee 3 pm - At Holly's class Sad Mode 5 pm - Had an appointment with Vek; he suggested this doesn't make sense. Change the topic or make your presentation concise. 6 pm - Still figuring it out. 9 pm - 11 pm - Worked on CR and then slept. 2 am - 5 am -	3.0	Self-preparing	I have come across the name Motivify being quite common, so I think I should change the name to something else like Motivly.	2.0		Start thinking about research and branding for the new project name.	Mom	You can do it.	2.0	NEUTRAL	didn't eat too much	Great
4/15/24	Monday		Happy Mode	9 am - Ready for college 11 am - Working on CR and having a coffee 3 pm - At Holly's class Sad Mode 5 pm - Had an appointment with Vek; he suggested this doesn't make sense. Change the topic or make your presentation concise. 6 pm - Still figuring it out. 9 pm - 11 pm - Worked on CR and then slept. 2 am - 5 am -	3.0	Vek Neal	When I showed my work to Vek, he suggested that it wouldn't work out and advised me to develop something more substantial than can effectively tell my story for the presentation.	3.0	NONE	Feeling a bit empty, but I'm not going to give up.	Mom	You can do it.	2.0	NEUTRAL	didn't eat too much	Great
4/16/24	Tuesday		Sad Mode	9 am - After talking to Vek, I felt a little disorganized and then grabbed a tea. 11 am - Working on CR and watching TV 3 pm - Talked to Professor Sam, and he suggested narrowing it down and being specific. Made lunch from 4-5 pm. Thinking mode 5 pm - Had lunch and worked on CR until 8 pm 9 pm - 11 pm - Worked on CR and then slept. 2 am - 5 am -	3.0	Professor Sam	Professor Sam suggested that I narrow down my audience and consider why I am choosing this project.	3.0		After getting ideas, I might think about to do some mockups for my CR projects.	Mom	You can do it.	2.0	NEUTRAL	didn't eat too much	Great
4/17/24	wednesday		Happy Mode	9 am - Grabbed tea and had a moment of class, then went to college and worked there from 11 am - 2 pm 3 pm - Had Holly's class Happy Mode (Continued) 5 pm - Went to SCAD Pallet and worked until 7 pm 9 pm - 11:30 pm - Worked 2 am - 5 am -		Self-preparing	Okay! I think this is not working out at all.			This project is giving me a headache, and I'm tired of working on it. I need help with it.	Mom	You can do it.	1.0	NO	Amazing	Great



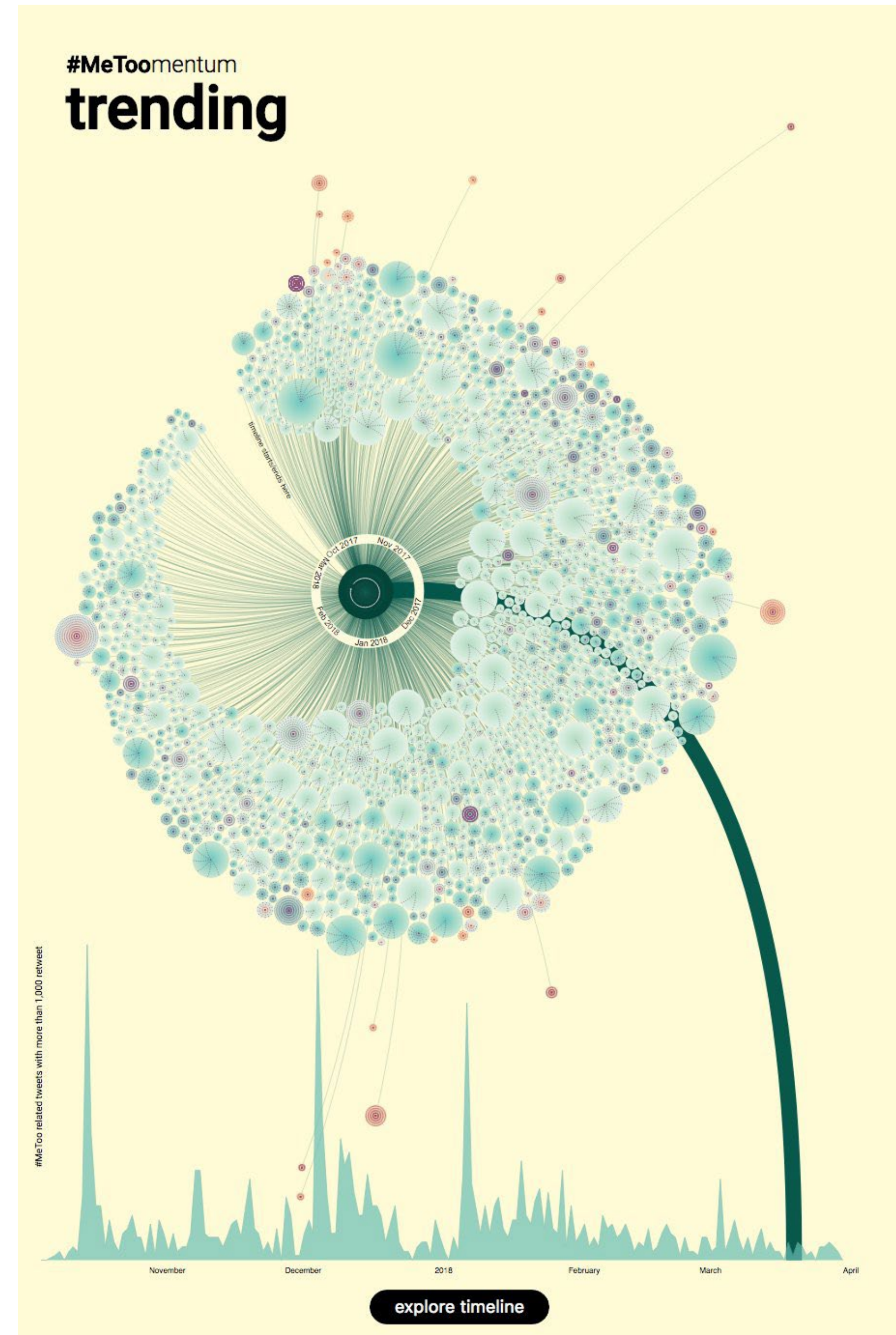
4/27/24	Saturday	<p>Happy Mode 9 am: Wondering about the designs, what if didn't they work again?</p> <p>Blessed Mode 12 pm: Feeling somewhat okay with things but also feeling blessed at the same time. 3 pm: Feeling organized, always thankful to mom and God. 5 pm: Went for a walk and made food. 9 pm: Worked on CR and went to bed. 12 am -</p>	😊	2.0.	Self-preparing	The same old days of working and working, but the good thing is that my mom helped me with cooking food and supported me where I needed her.	😊	2.0.	NONE		Friends	You can do it	3.0.	YES	Amazing	Great
4/28/24	Sunday	<p>Happy Mode 9 am: I was a bit happy to show it to the professor, but at the same time, worried. 12 pm: I was okay. 1 pm: After showing this to Prof. Holly, she suggested whether this banner would work or not.</p> <p>Thinking Mode started 3 pm: Feeling how to adjust or should I remove that design. 5 pm: 9 pm: Worked on CR and went to bed. 12 am - 5 am -</p>	😊	2.0.	Professor Holly	Professor Holly emphasized the importance of explaining why this project is important and identifying the target audience who will see these ads. She mentioned that the white banners are too small, making them difficult for people to notice.	🤔	2.0.		Maybe I can remove the banners and books because sometimes less is more.	Friends	YAH! Almost there	3.0.	YES	Amazing	Great
4/29/24	Monday	<p>Happy Mode 9 am: After the feedback, I was sad and still figuring out what to do.</p> <p>Thinking Mode 12 pm: Prof. Sam liked the new design; he wants to rethink the idea format. 3 pm: Feeling how to adjust or whether I should remove that design. 5 pm: 9 pm: Worked on CR and went to bed. 12 am - woken up 1 - 5 am</p>	😞	2.0.	Professor Sam	Okay, this is looking good, but you should consider using the same design format for your video call meetings to maintain consistency.	🤔	2.0.		Maybe I can add something that matches the aesthetic and includes both a private chat option and a one-on-one chat feature.	Mom	You can do it	3.0.	YES	doesn't text too much	Great
4/30/24	Tuesday	<p>"Happy Mode 9 am: I was happy with my designs. 12 pm: Almost done to the CR day</p> <p>Blessed Mode 4 pm: Feeling planned out, always thankful to mom and God. 5 pm: Went for a walk and made food. 9 pm: Worked on CR and went to bed. 12 am - 5 am -"</p>	😊	3.0.	Self-preparing	Refining the work for the CR and Almost there	😊	3.0.		WIP - to be continued	Friends	You can do it	3.0.	YES	Amazing	Great
5/1/24	wednesday	<p>Happy Blessed My mom is here so I feel blessed for whole day</p> <p>Blessed Mode 3 pm: Feeling planned out, always thankful to mom and God. 5 pm: Went for a walk and made food. 9 pm: Worked on CR and went to bed. 12 am -</p> <p>Thinking Mode 9 am: I was thinking, what if I didn't clear the review? 12 pm: Stayed calm and went to school for the printout.</p> <p>Happy Mode 3 pm: Happy with the printouts. 5 pm: 9 pm: Came home, ate food, and relaxed for the final day for the CR. 12 am - Slept was disturbed from 1 - 6 am. 5 am -</p>	😊	3.0.	Self-preparing	Refining the work for the CR and Almost there	😊	3.0.	NONE	WIP - to be continued	Mom	You can do it	3.0.	YES	Amazing	Great
5/2/24	Thursday	<p>Thinking Mode 9 am: Woke up ready for the review, took an Uber, reached there at 10 am. 12 pm: Did my review in front of two alumni and two professors. 1 pm: HURRAY, cleared my review.</p> <p>Happy Mode 3 pm: Had lunch with family. 5 pm: Watched a movie with mom. 9 pm: Went to bed early. 12 am - 5 am -</p>	🤔	2.0.	Self-preparing	I'm refining the work for the CR and almost there. The final submission is due at 11:59 pm.	😊	3.0.		WIP - to be continued	Friends	You can do it	3.0.	YES	doesn't text too much	Slept was a little disturbed
5/3/24	Friday	<p>Thinking Mode 9 am: Woke up ready for the review, took an Uber, reached there at 10 am. 12 pm: Did my review in front of two alumni and two professors. 1 pm: HURRAY, cleared my review.</p> <p>Happy Mode 3 pm: Had lunch with family. 5 pm: Watched a movie with mom. 9 pm: Went to bed early. 12 am - 5 am -</p>	🤔	2.0.	Presentation Day	Today is the presentation in front of Prof. Peter, Sam, and two alumni. I was a little worried, but later I presented my three works to them. After stepping out for a few minutes, I returned, received some suggestions, and they informed me that I passed my review.	😄	3.0.	NONE	The task has been completed.	Mom	Best wishes	3.0.	YES	Amazing	Great

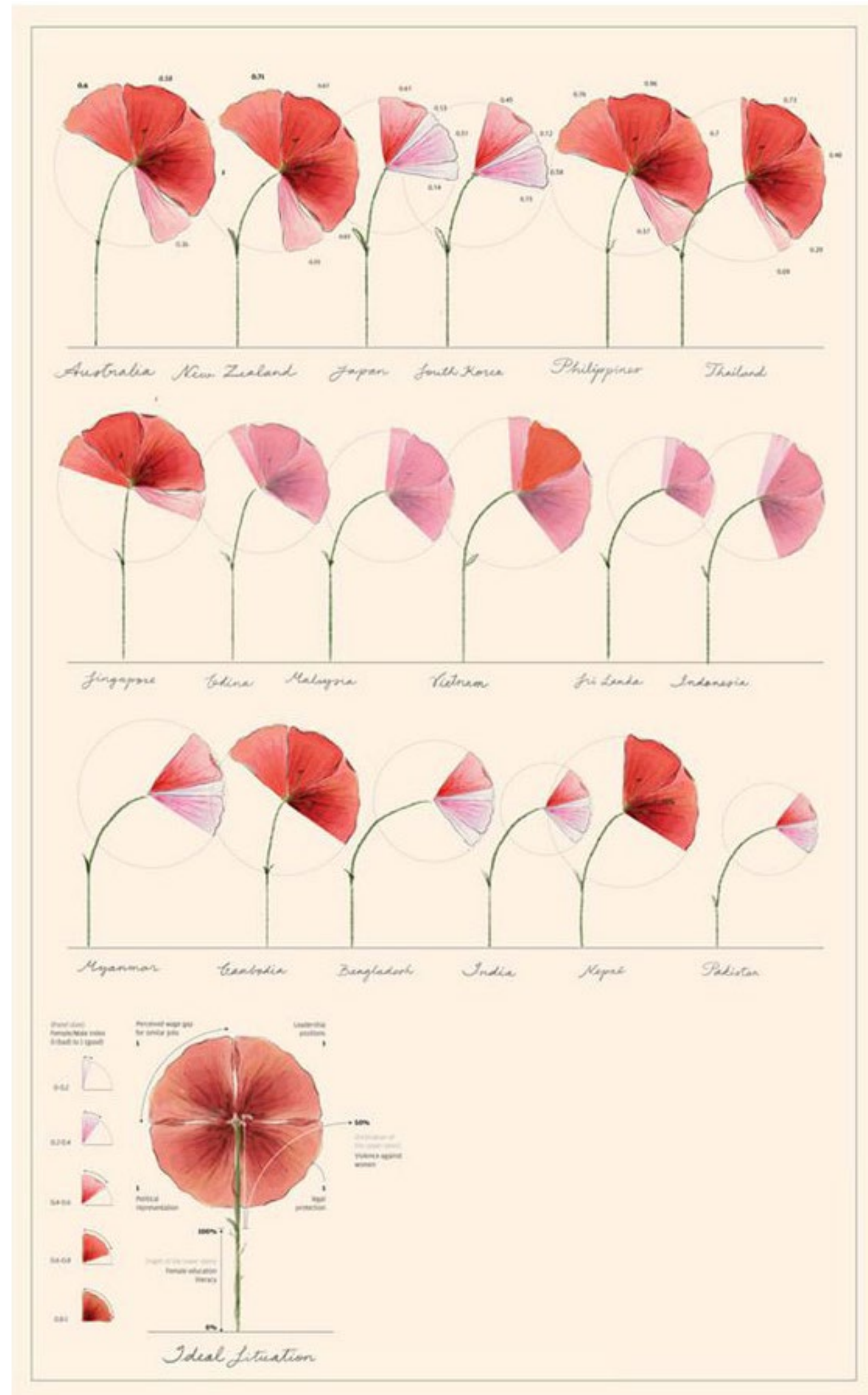
# Existing infographics designs



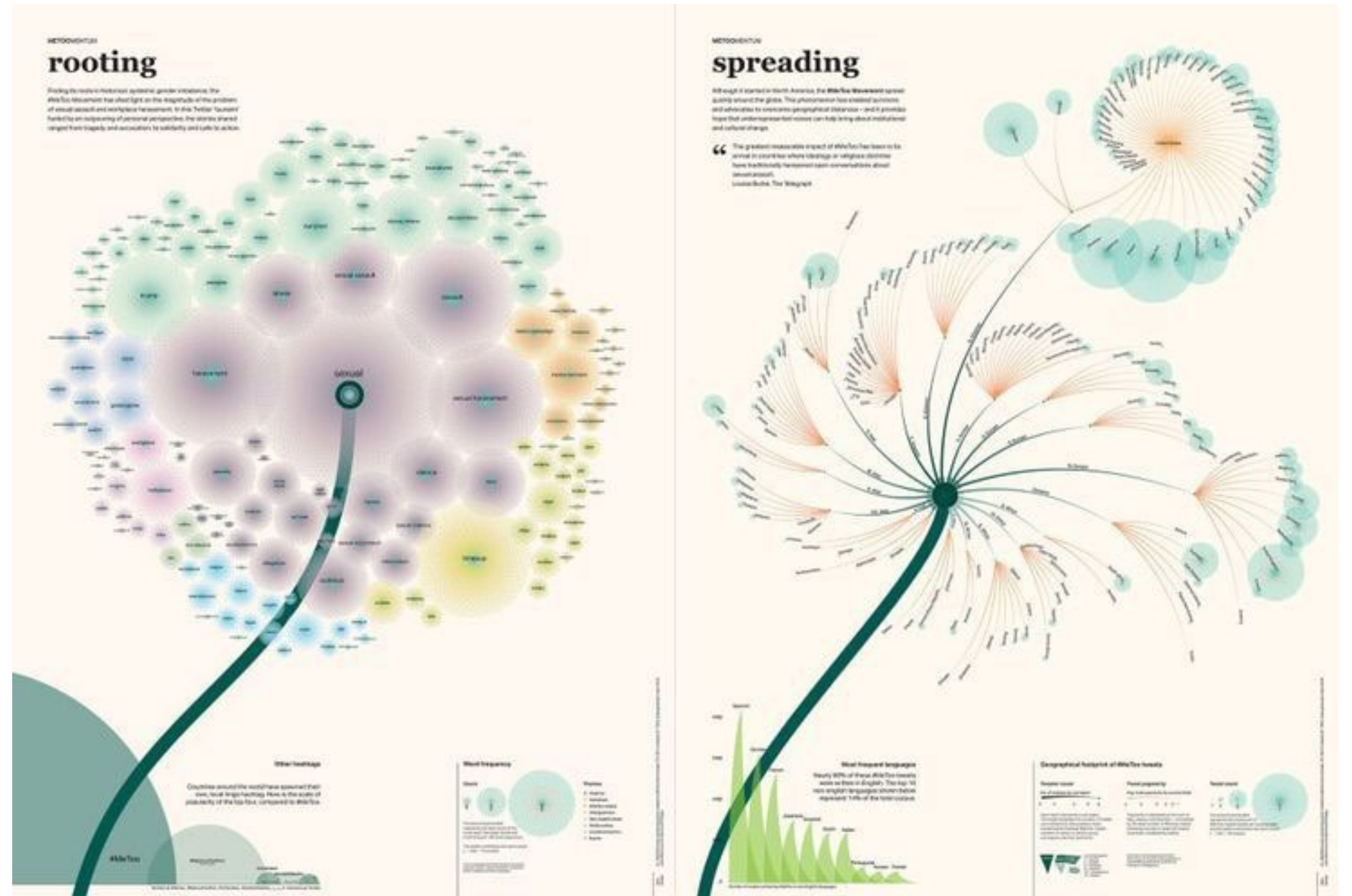
**SEA-LEVEL RISE IN EUROPE**

Data source  
Kulp and Strauss (2019) - New elevation data triple estimates of global vulnerability to sea-level rise and coastal flooding



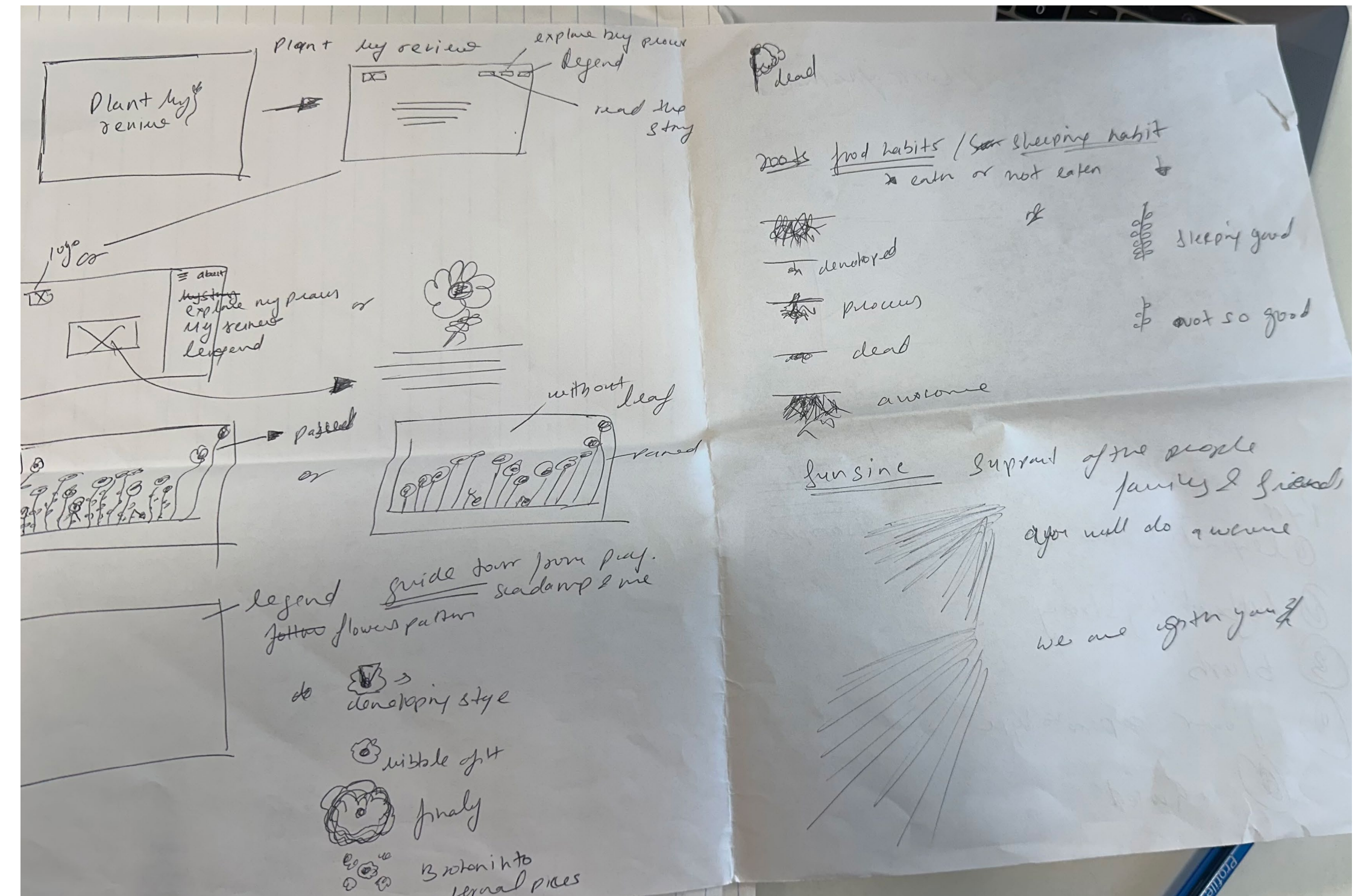
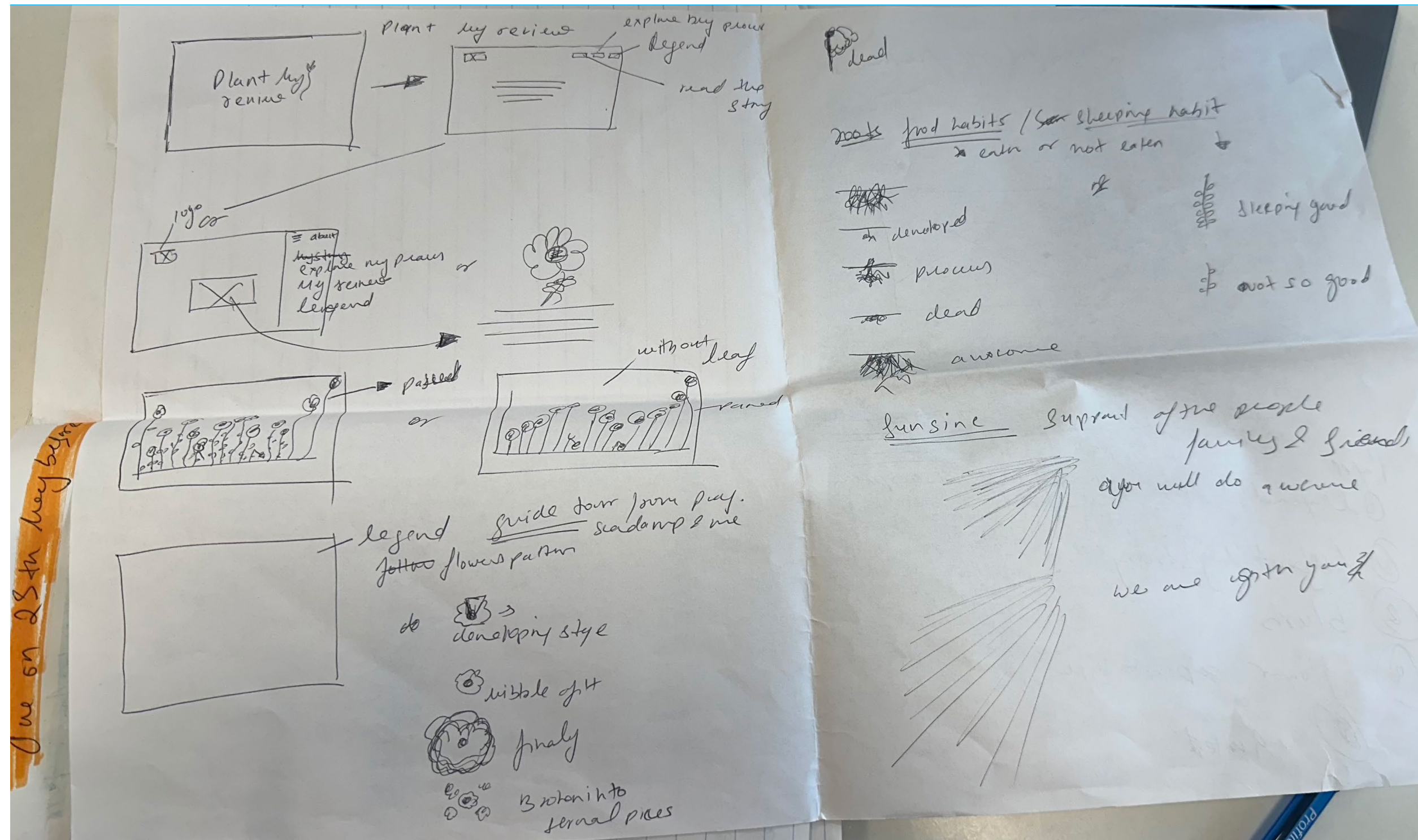


Sapna Badhan



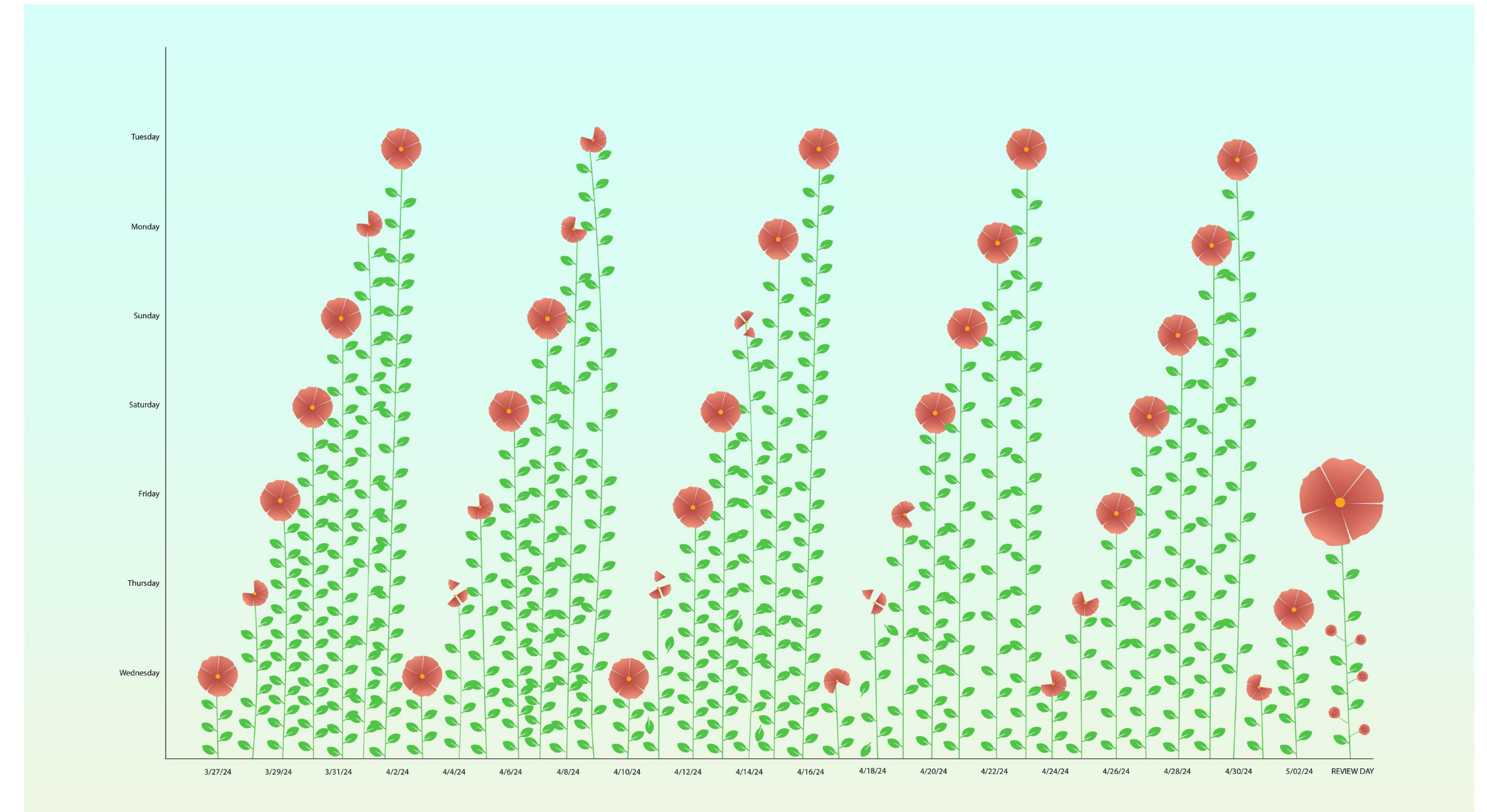
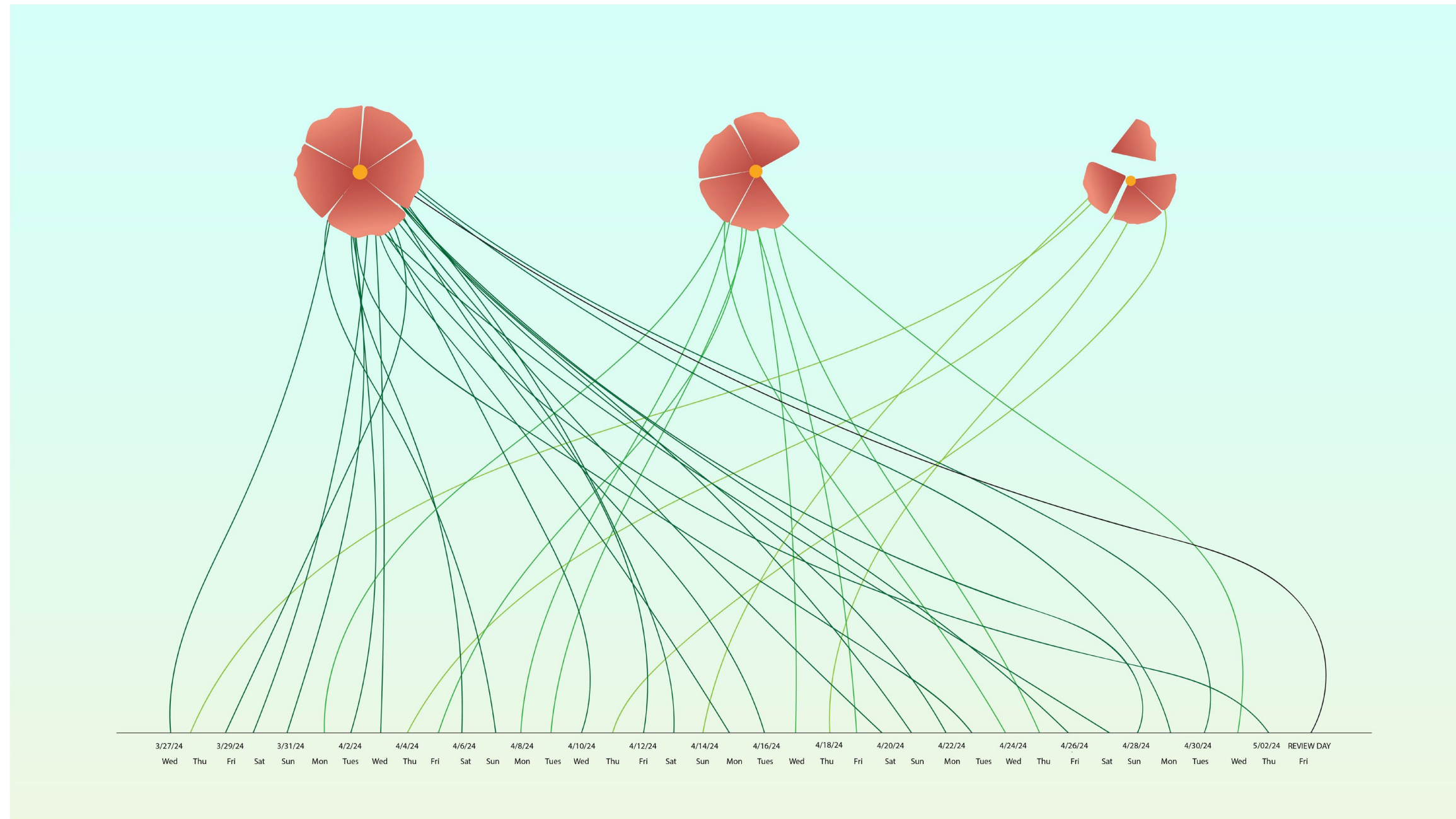
Spring 2024

# Process



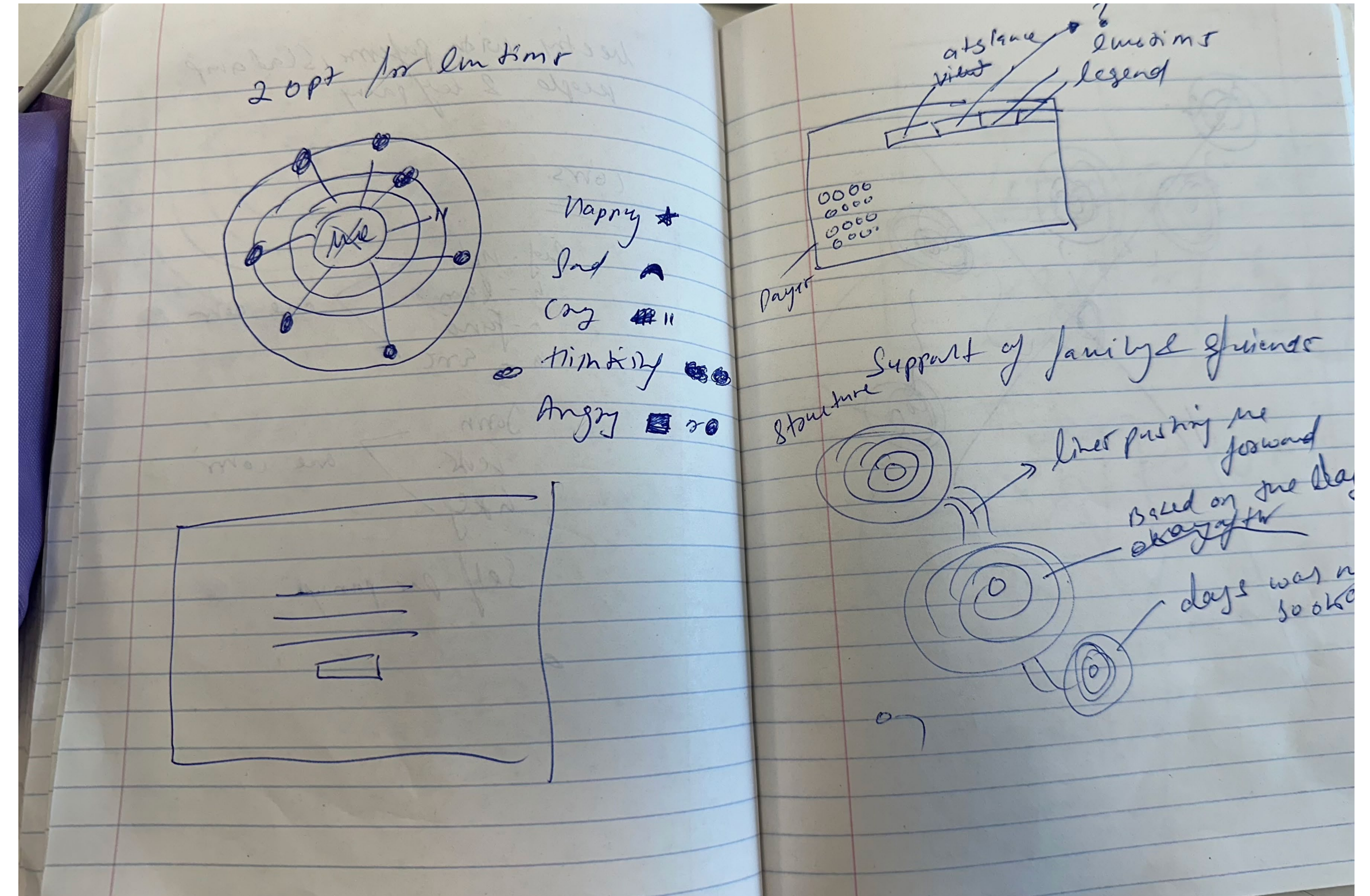
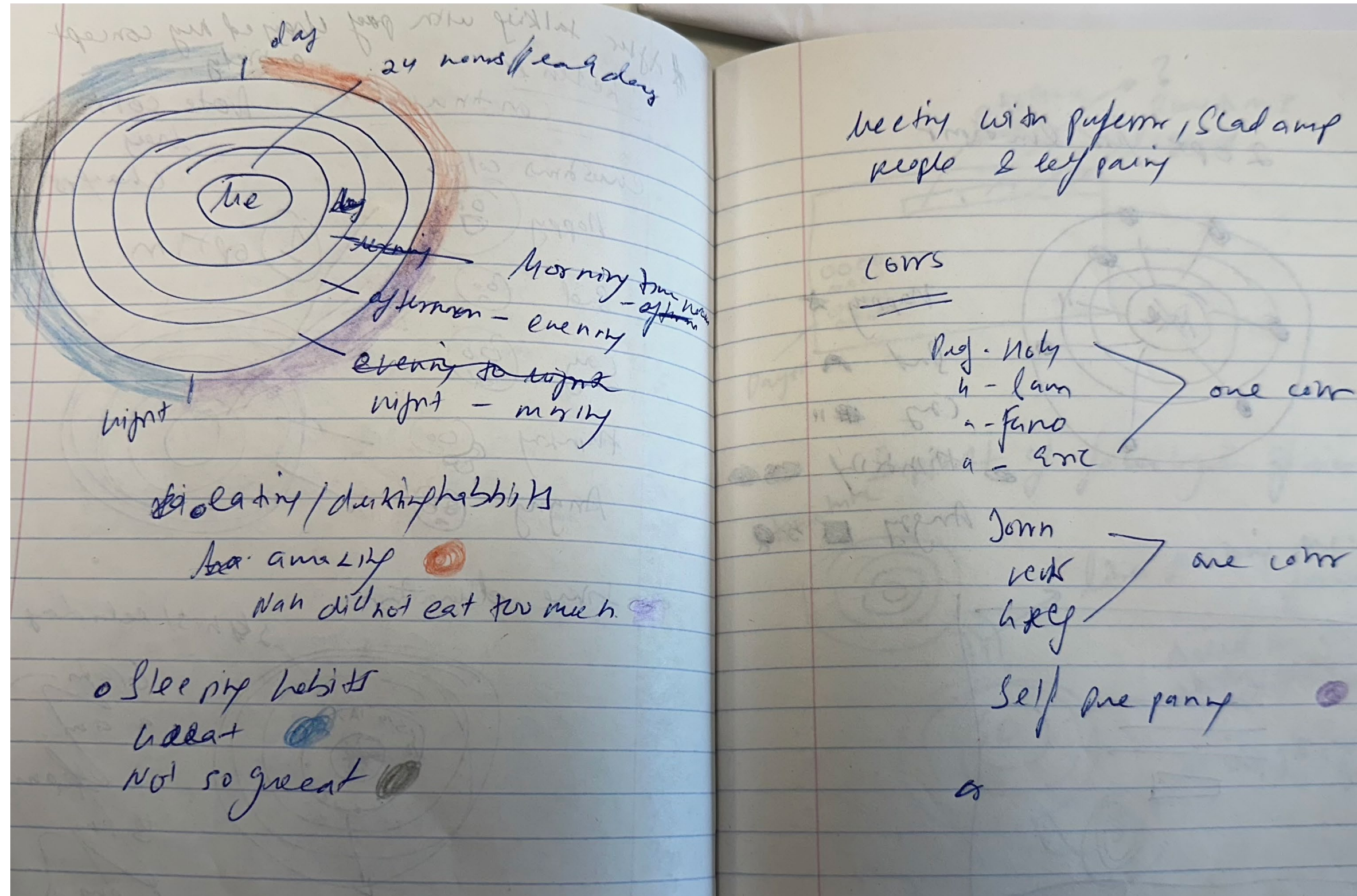
These sketches outline the initial draft. The primary concept involves interactive flowers, where clicking on each flower reveals its corresponding design representing emotions. I'll show you these ideas in digital infographics.

# Plant my review



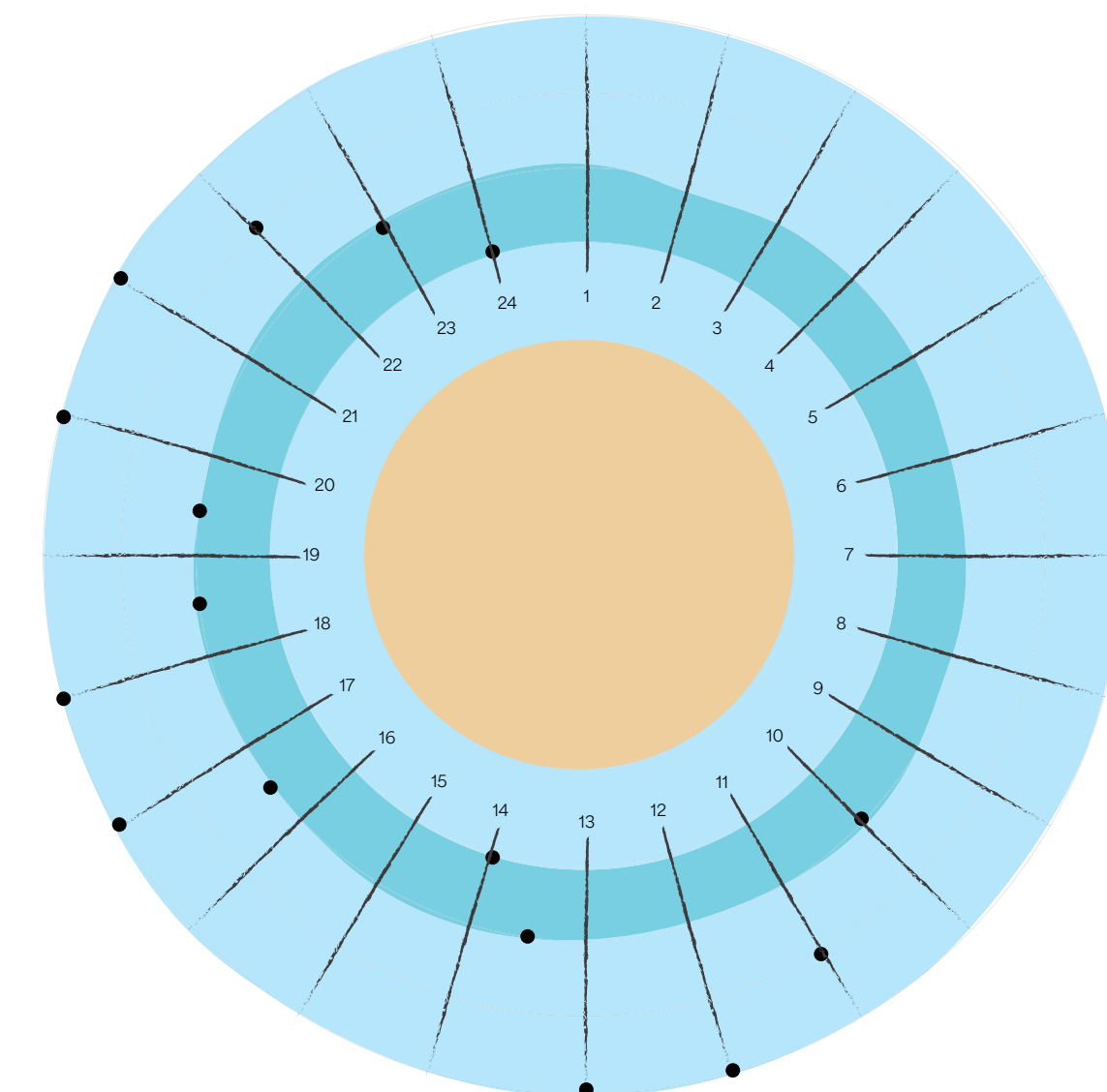
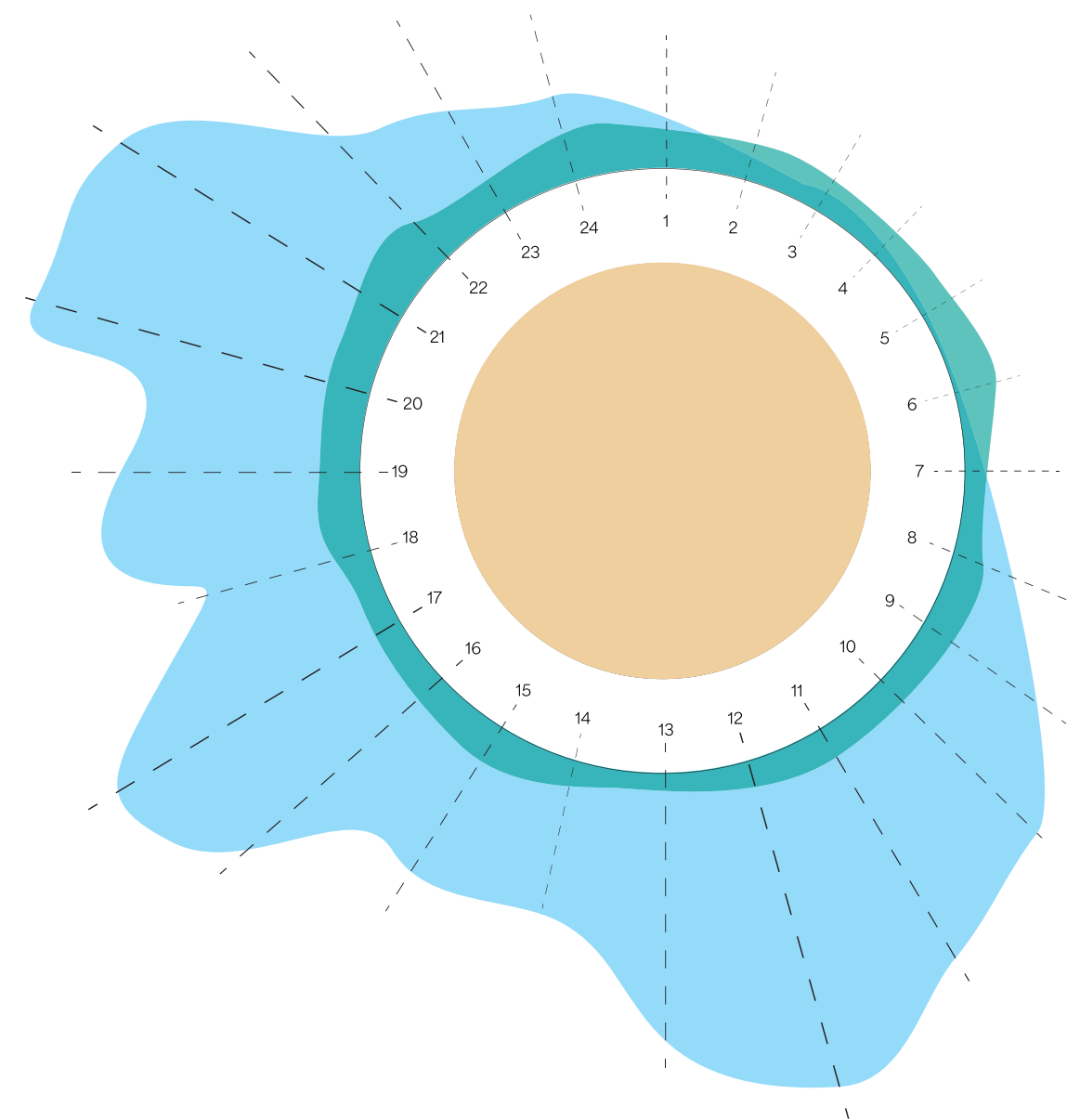
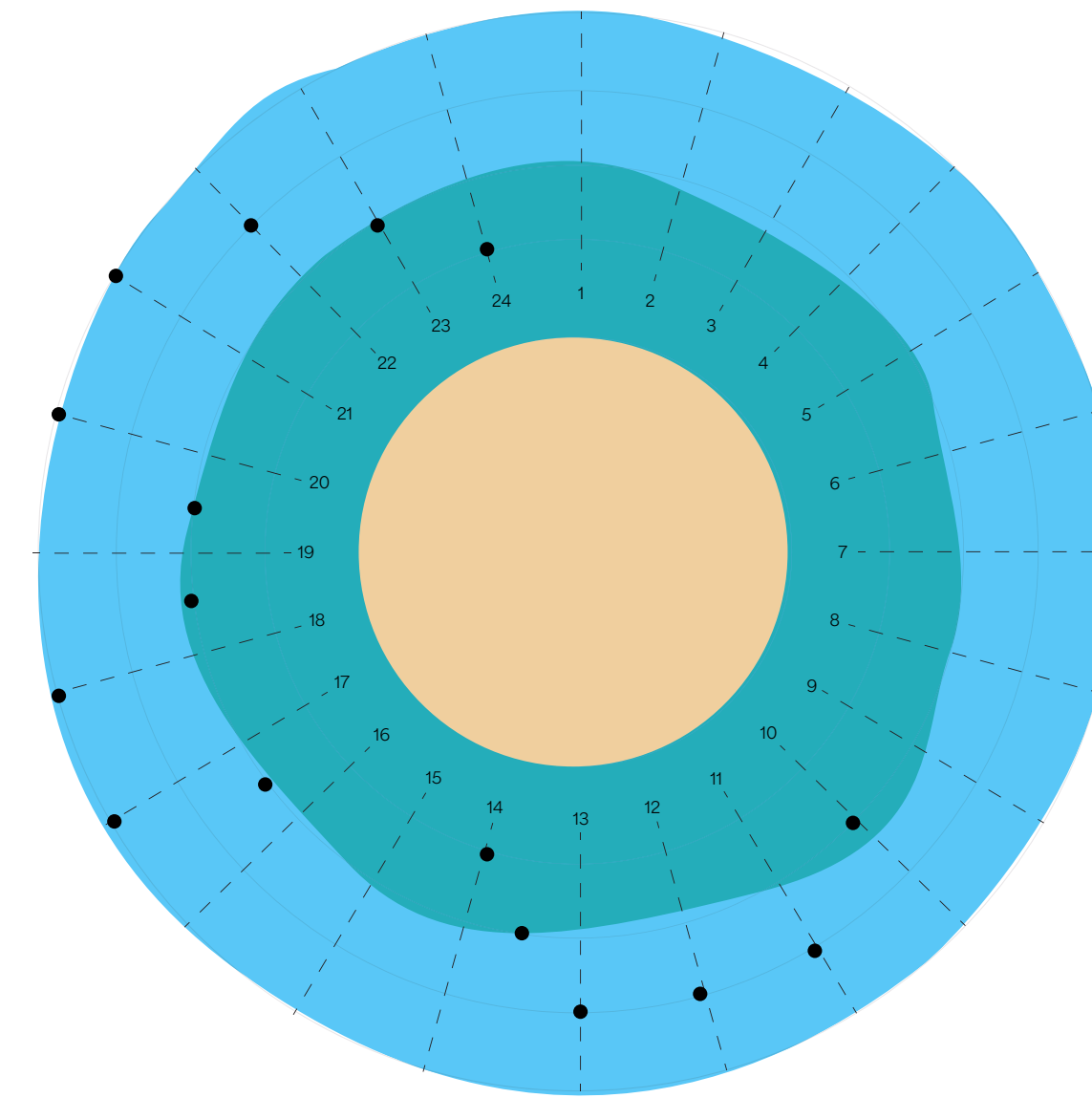
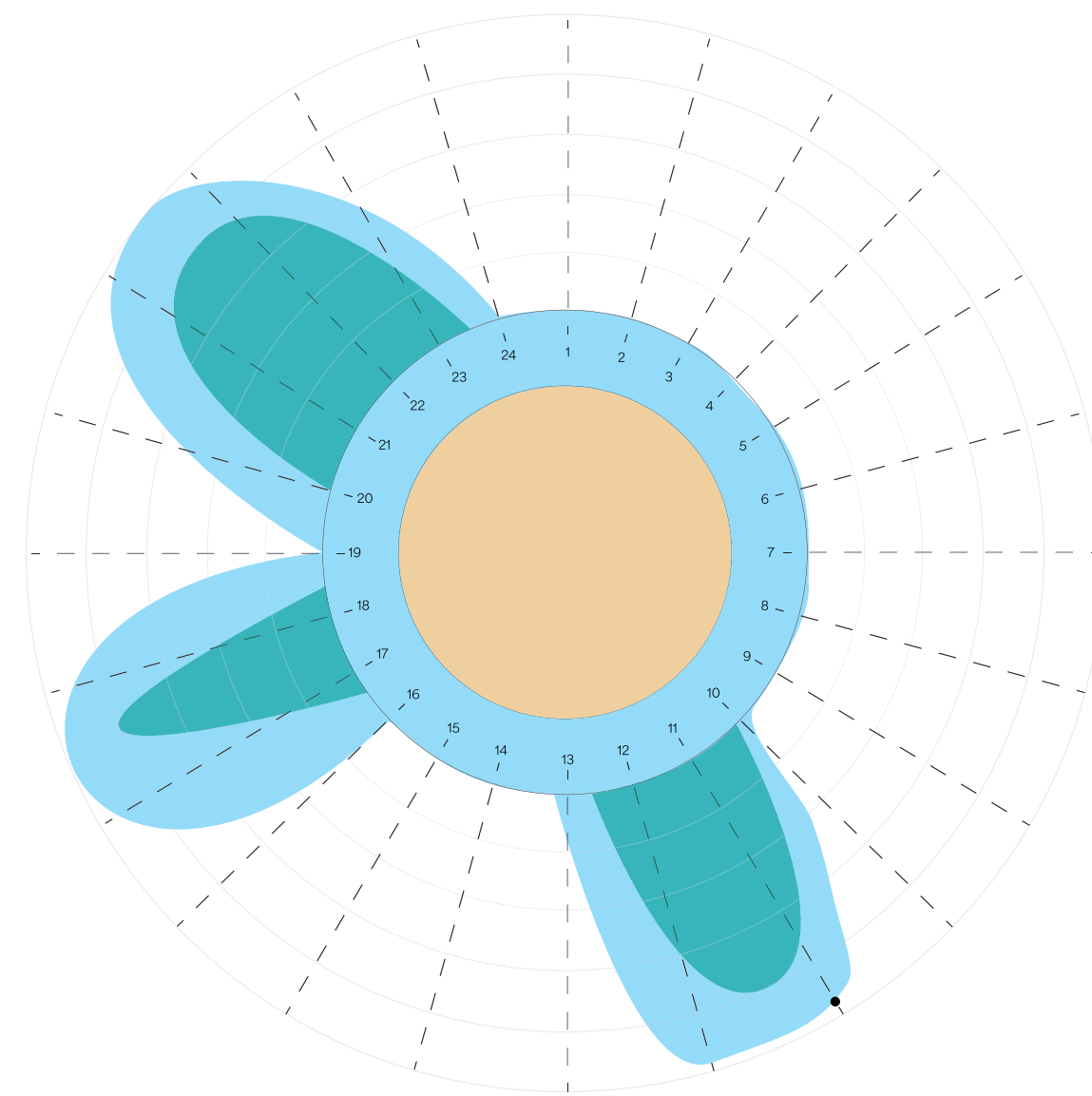
The initial digital infographics were impractical and time-consuming, but I'm still determined to include flowers in my project.





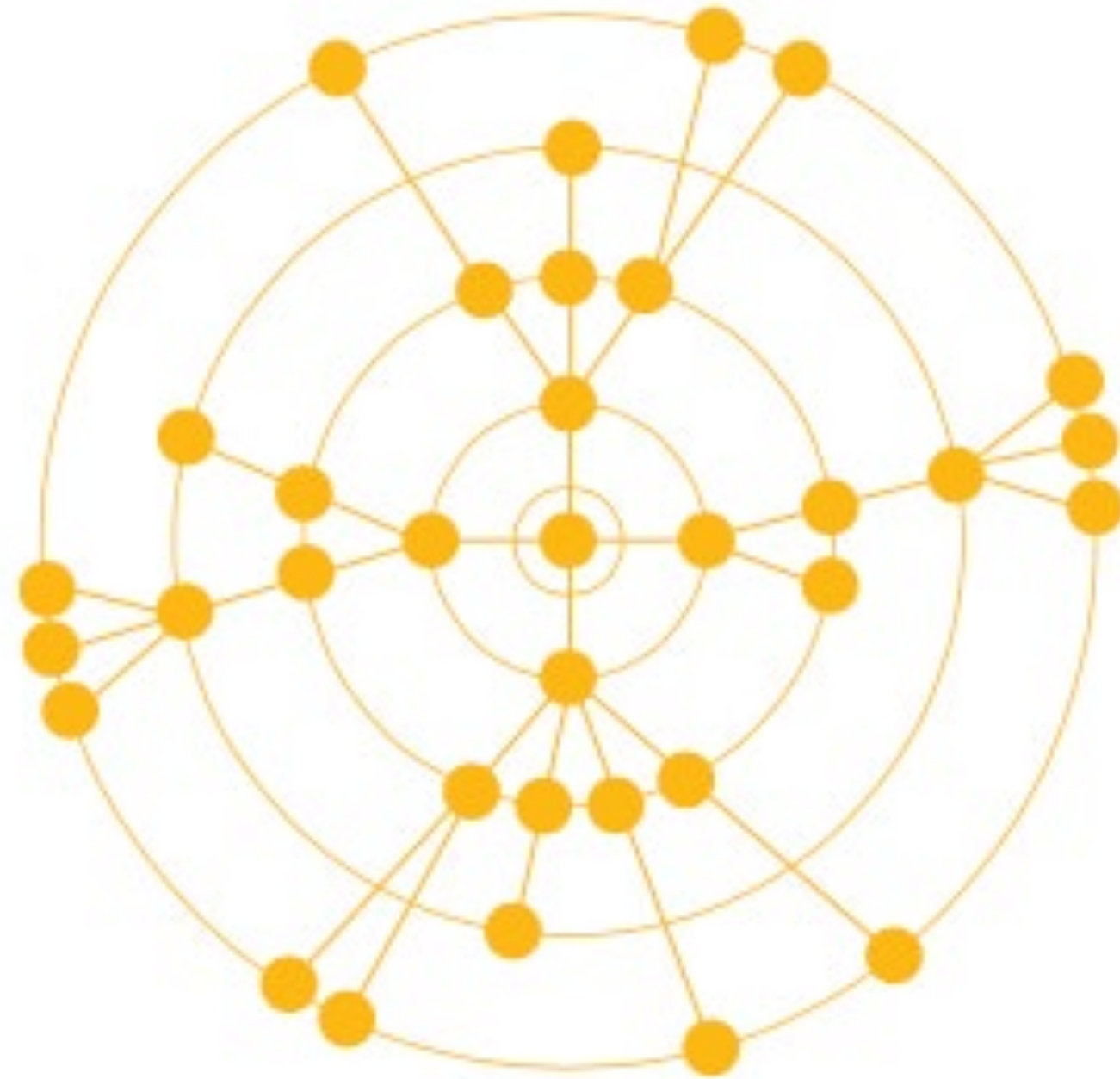
These sketches outline the initial draft, focusing on interactive flowers. Clicking each flower reveals its design representing different emotions.

# Flowers variations



The design integration stemmed from the “Hierarchical Structures: Trees” chapter outlined in the book.

## **POLAR SYSTEMS**



**node-link radial layout**



**radial icicle or sunburst**

The challenging part was how to incorporate the patterns into the flower-shaped designs.

### MAIN KEYS

#### EMOTIONS

- Happy
- Blessing
- Thinking
- Angry
- Sad
- Crying

#### SLEEPING HABBITS

- interrupted sleep
- Uninterrupted sleep

#### EATING HABBITS

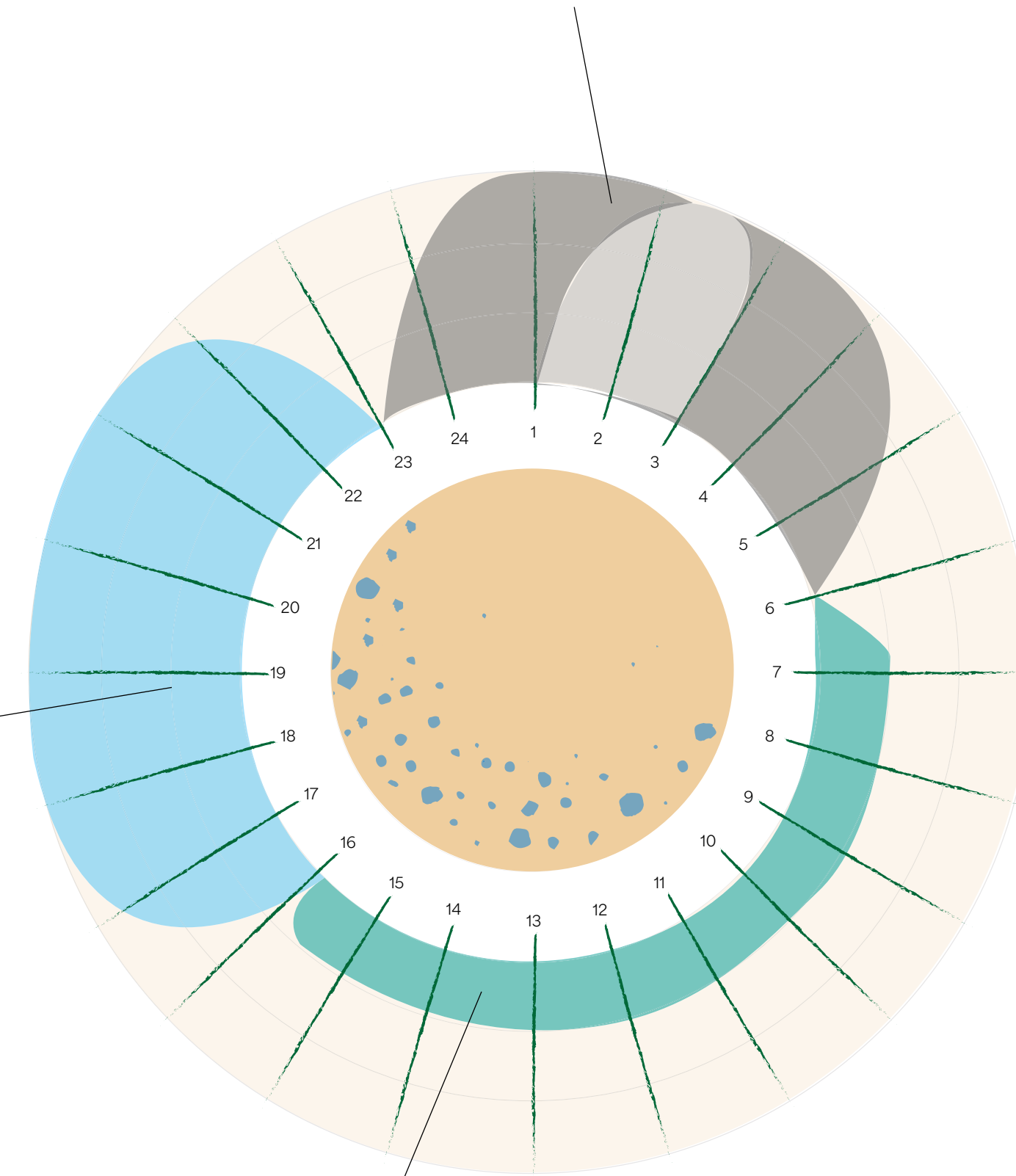
- I ate well
- I didn't eat well

Between waking up around 1 - 3 PM, I went back to sleep.

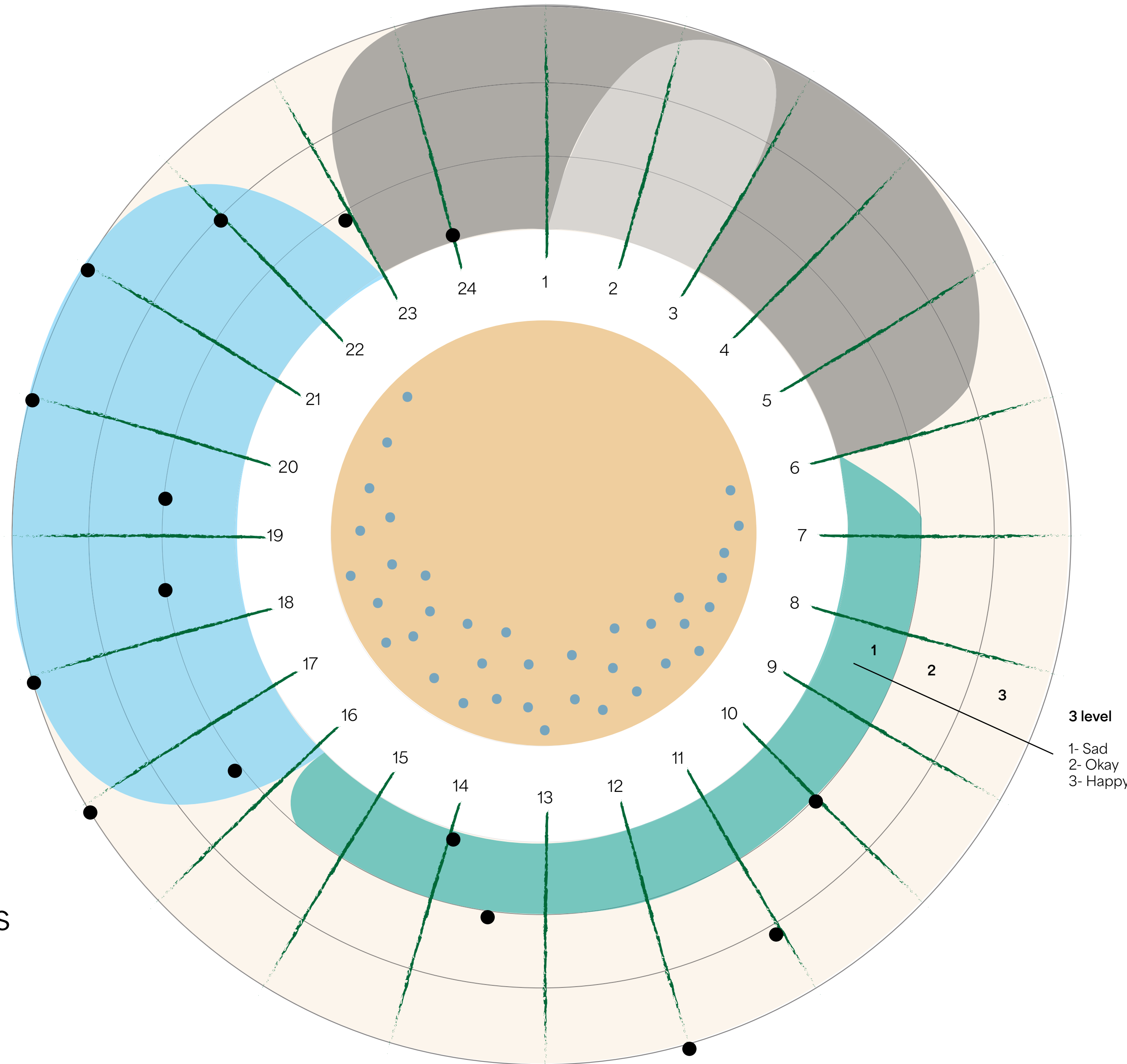
After 4 PM and 11 PM i am happy

This is my eating habits

I am thinking from before 4 PM



# Day 1



- ★ Professors
- ✕ SCADAMP Coaches
- Self preparation

3 level  
1- Sad  
2- Okay  
3- Happy



# Typography

## Scotch Display (Roman) LOGO

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z  
a b c d e f g h i j k l m n o p q r s t u v w x y z  
0 1 2 3 4 5 6 7 9

## Area Normal (Bold, semibold, regular and thin) Interaction

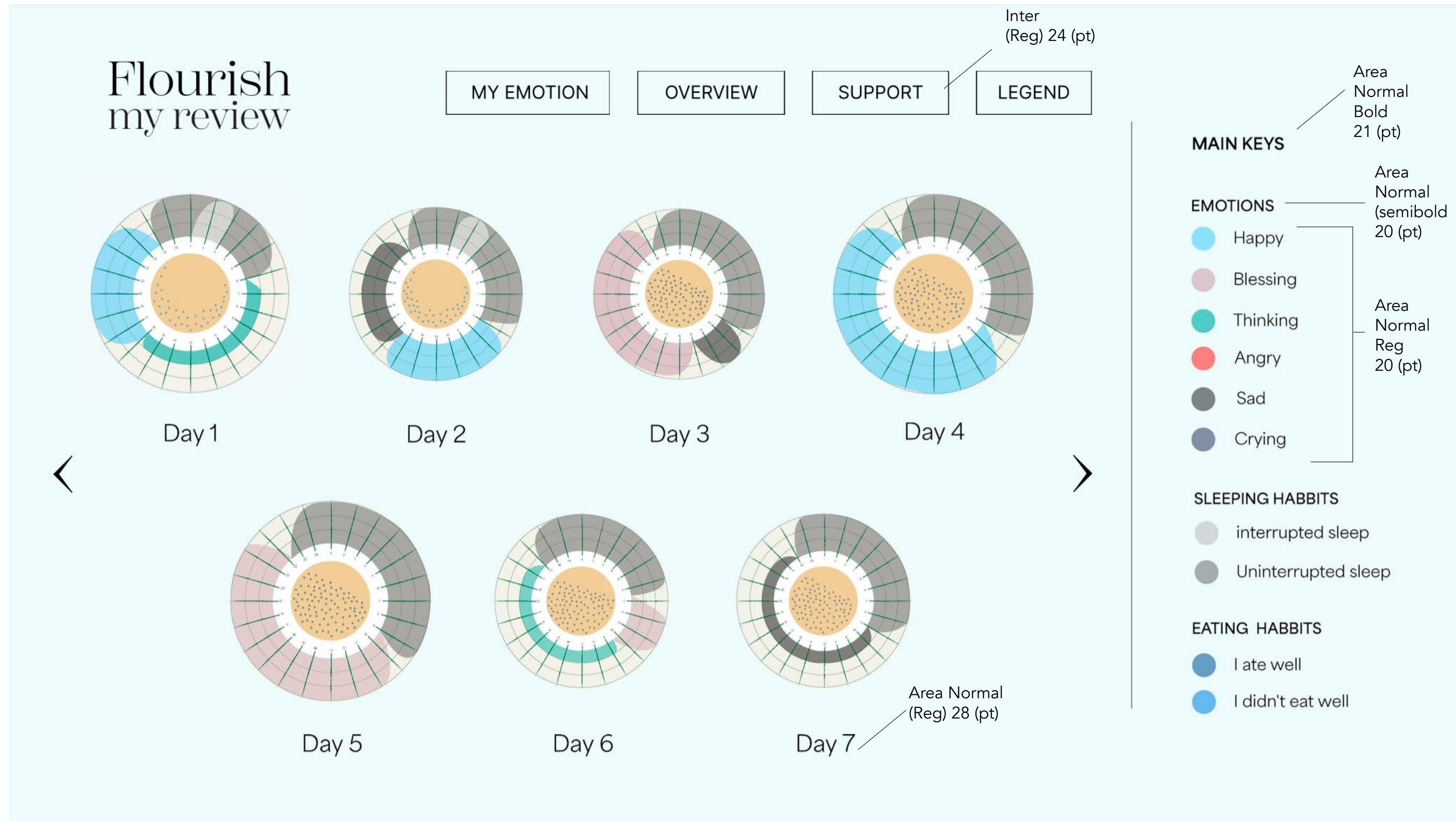
A B C D E F G H I J K L M N O P Q R S T U V W X Y Z  
a b c d e f g h i j k l m n o p q r s t u v w x y z  
0 1 2 3 4 5 6 7 9

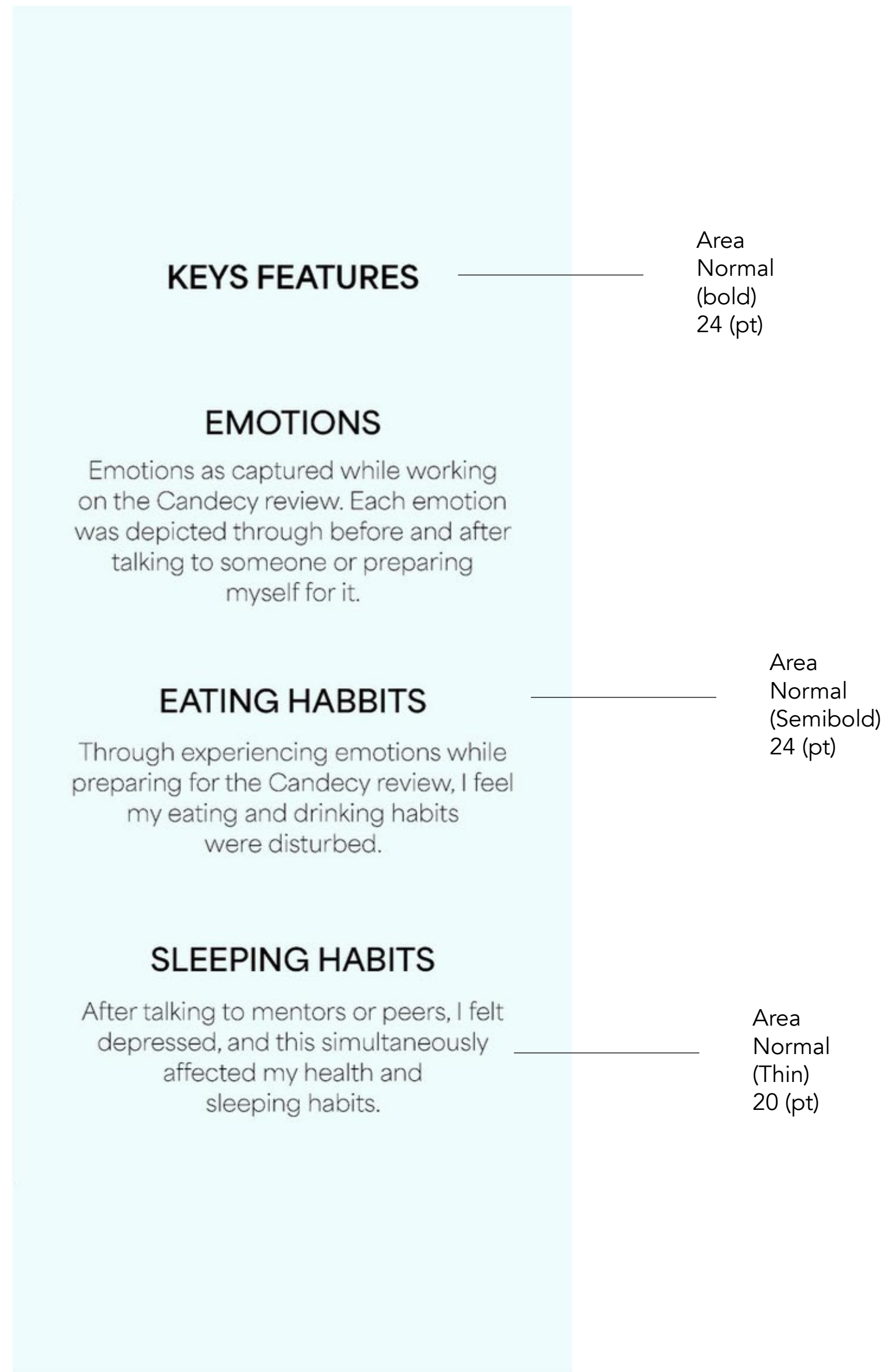
# Flourish my review

Embark on a journey through many attempts, experiencing the twists and turns of the candidacy review in this emotional tale. Follow my experiences navigating academia with the support of mentors and peers. See how I manage time amidst research, deadlines, and life's essentials. Amidst the chaos, find comfort in the support of loved ones. Through perseverance, witness my victory in the candidacy review, emerging stronger and wiser.

Lets Explore

Area Normal  
(thin) 36 (pt)





# Color palette



#59c7f7



#c69fa8



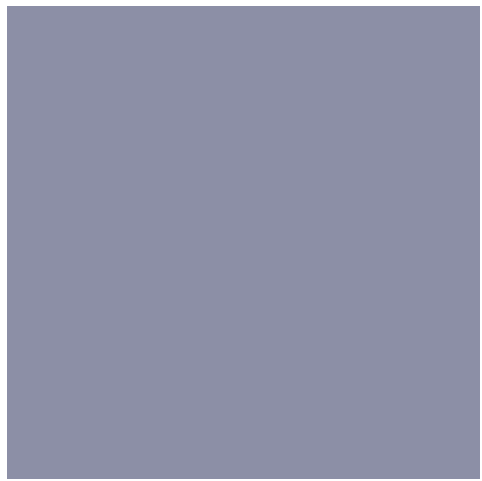
#08a098



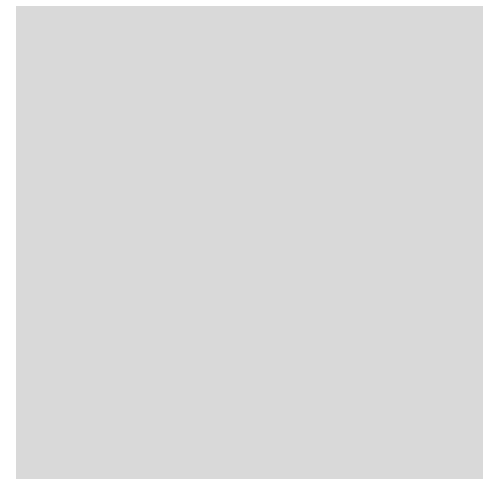
#f22520



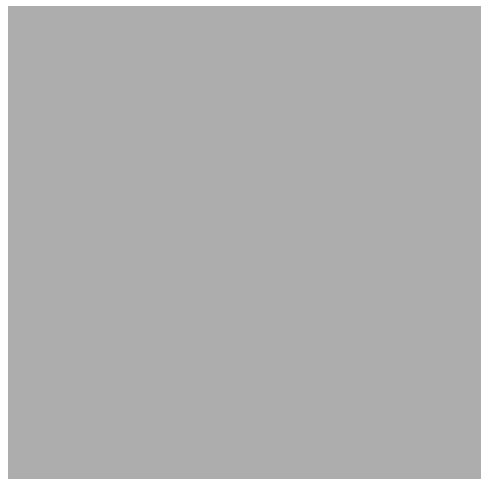
#212020



#2c345c



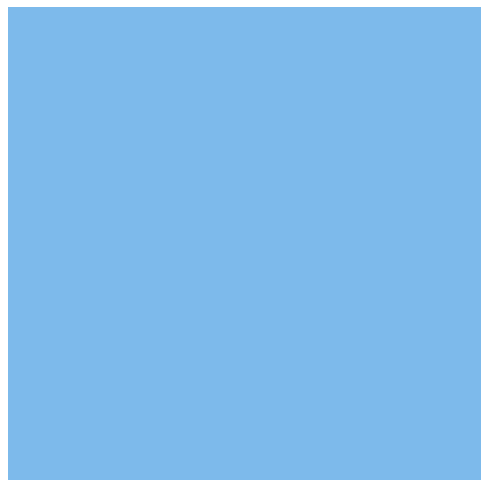
#bababa



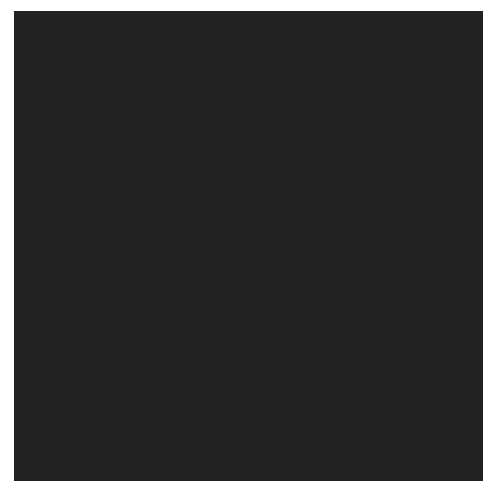
#6b6b6b



#055093



#1283d8





#222222

**MAIN KEYS**



**EMOTIONS**

-  Happy
-  Blessing
-  Thinking
-  Angry
-  Sad
-  Crying

**SLEEPING HABBITS**

-  interrupted sleep
-  Uninterrupted sleep

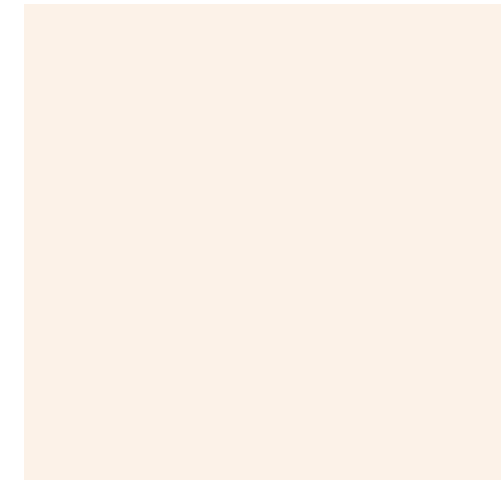
**EATING HABBITS**

-  I ate well
-  I didn't eat well

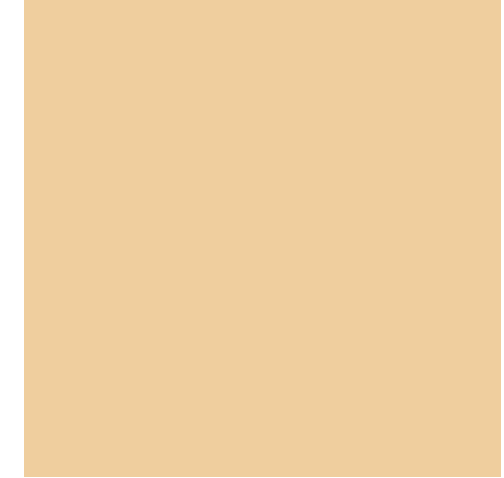
These 10 color variations represent emotions, sleeping habits, and eating drinking habits.

- 1- Emotions
- 2- Sleeping habits
- 3- Eating habits

Buttons



#f9e9d4



#efce9e

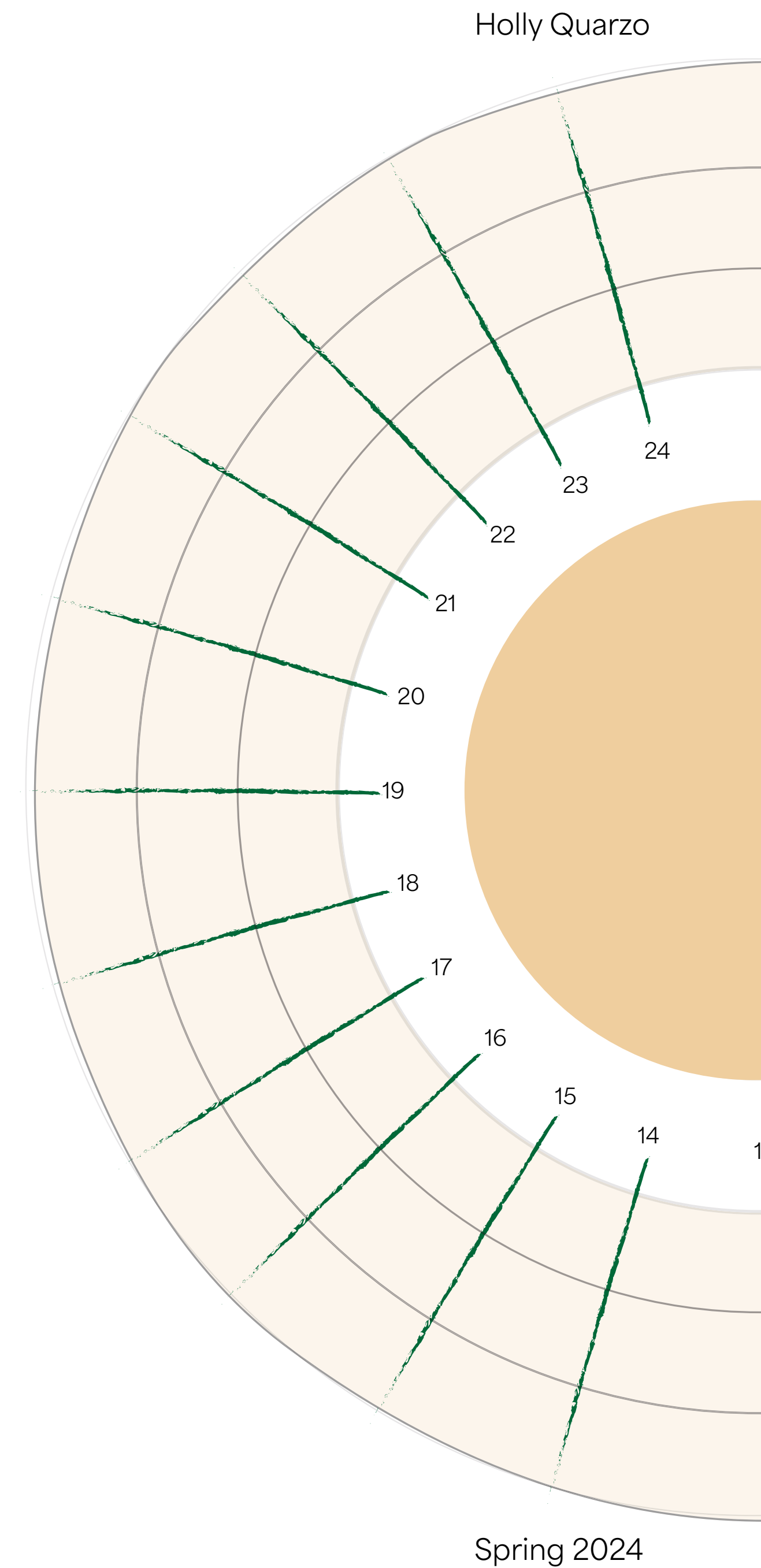
Around circle



#006838

Within the circle

Radial lines of the circle





# Mockups



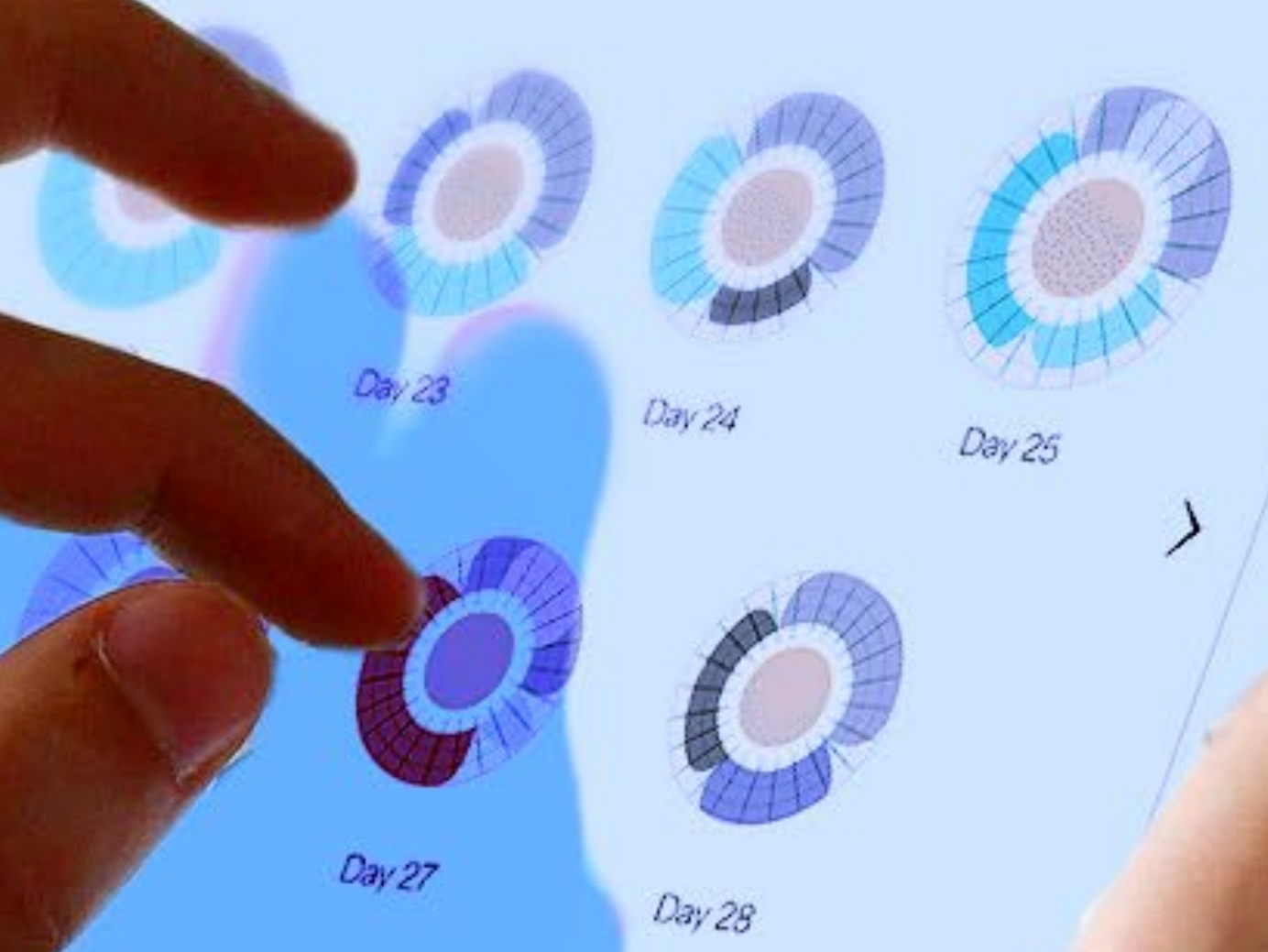
# Flourish my review

- MY EMOTION
- OVERVIEW
- SUPPORT
- LEGEND

## MAIN KEYS

### EMOTIONS

- Happy
- Blessing
- Thinking
- Angry
- Sad
- Crying

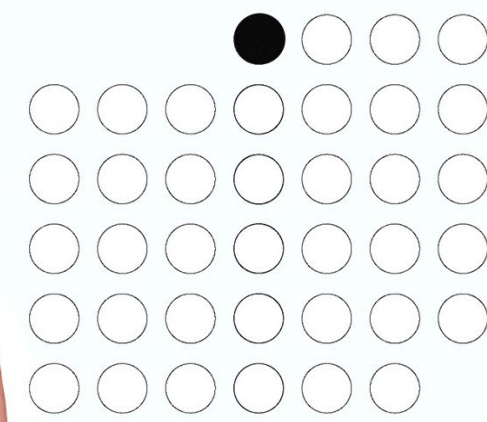


# Flourish my review

- MY EMOTION
- OVERVIEW
- SUPPORT
- LEGEND

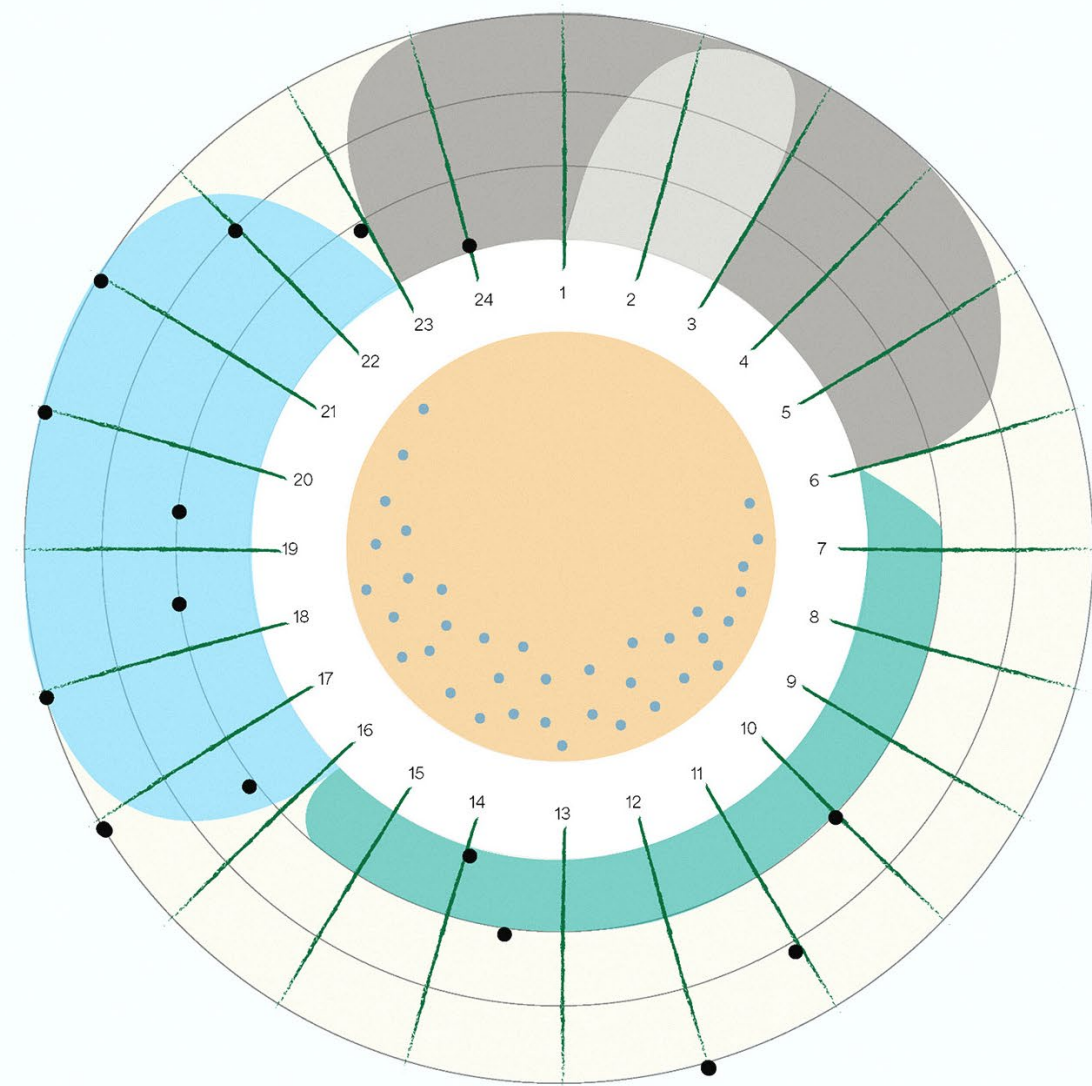
## Day 1

Reveal the circle that represents my daily life: sleeping, eating habits, and the people who supported me during my candidacy review.



### INTERACTION

- ★ Professors
- ✕ SCADAMP Coaches
- Self preparation



### MAIN KEYS

#### EMOTIONS

- Happy
- Blessing
- Thinking
- Angry
- Sad
- Crying

#### SLEEPING HABBITS

- interrupted s
- Uninterrupte

#### EATING HABBITS

- I ate well
- I didn't eat well



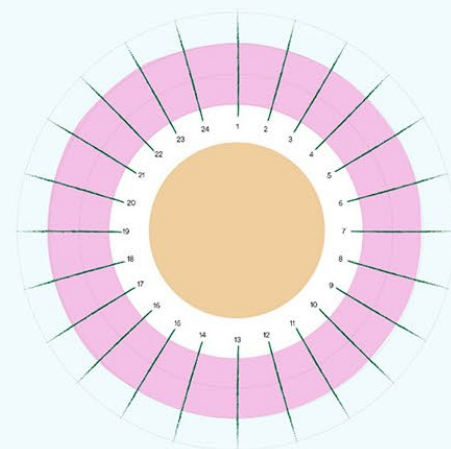
# Flourish my review

MY EMOTION

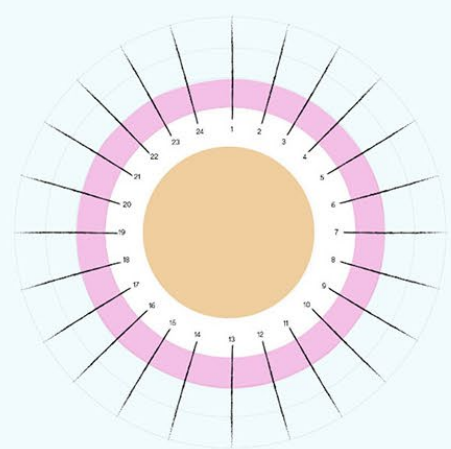
OVERVIEW

SUPPORT

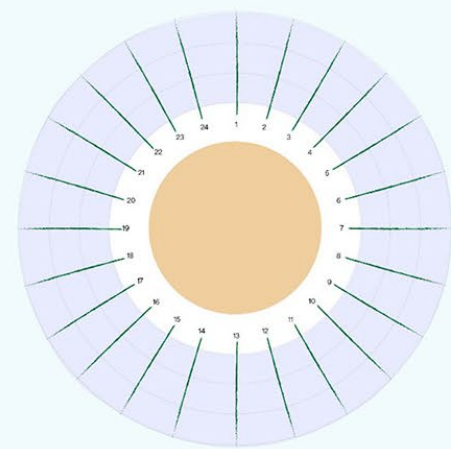
LEGEND



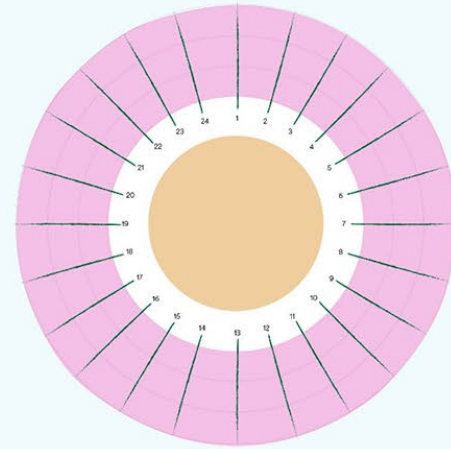
Day 1



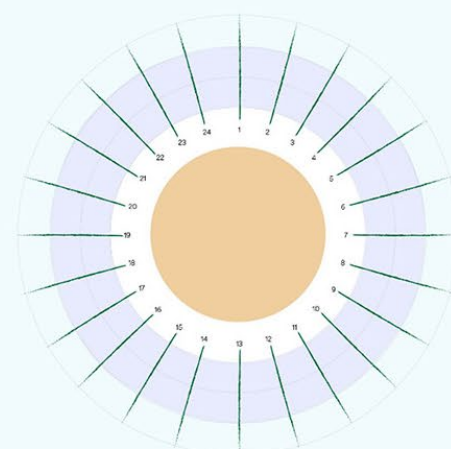
Day 2



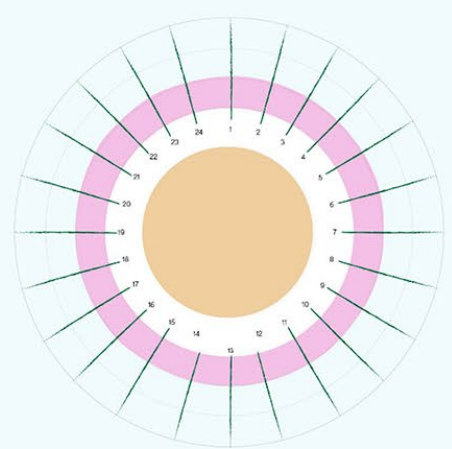
Day 3



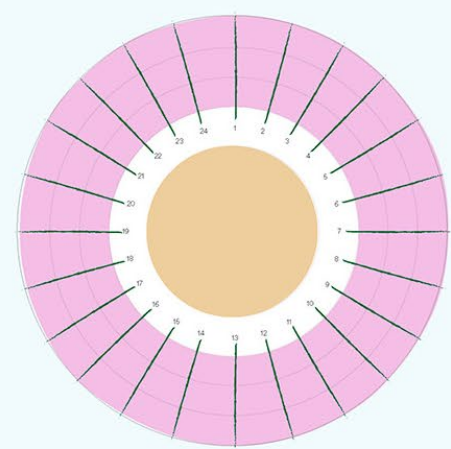
Day 4



Day 5



Day 6



Day 7

After all the above, my mom is my top priority, and i call her more than my other friends,

## SUPPORTS

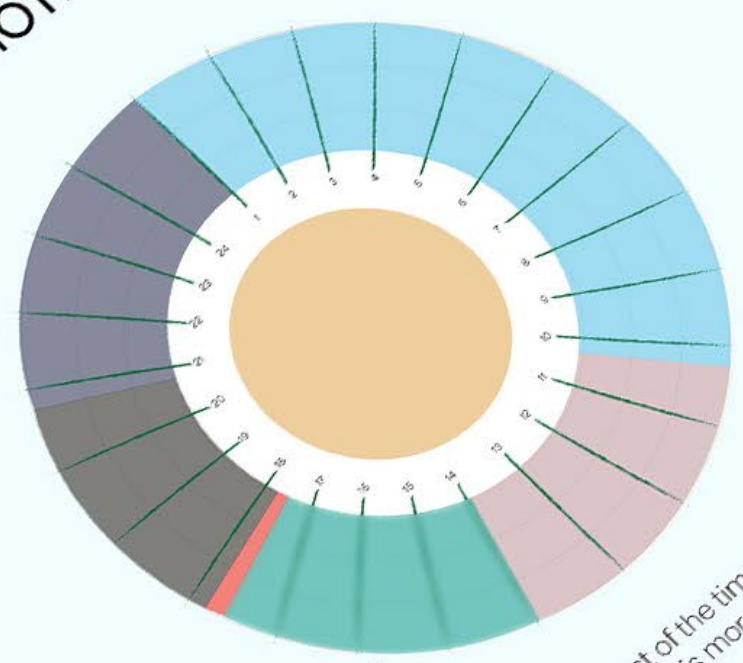
During this candidacy review, my emotions, sleep, and drinking habits were disrupted, but someone special to me stood by me whenever I needed support.

- Mom
- Friends

# Flourish my review

- MY EMOTION
- OVERVIEW
- SUPPORT
- LEGEND

## EMOTIONS

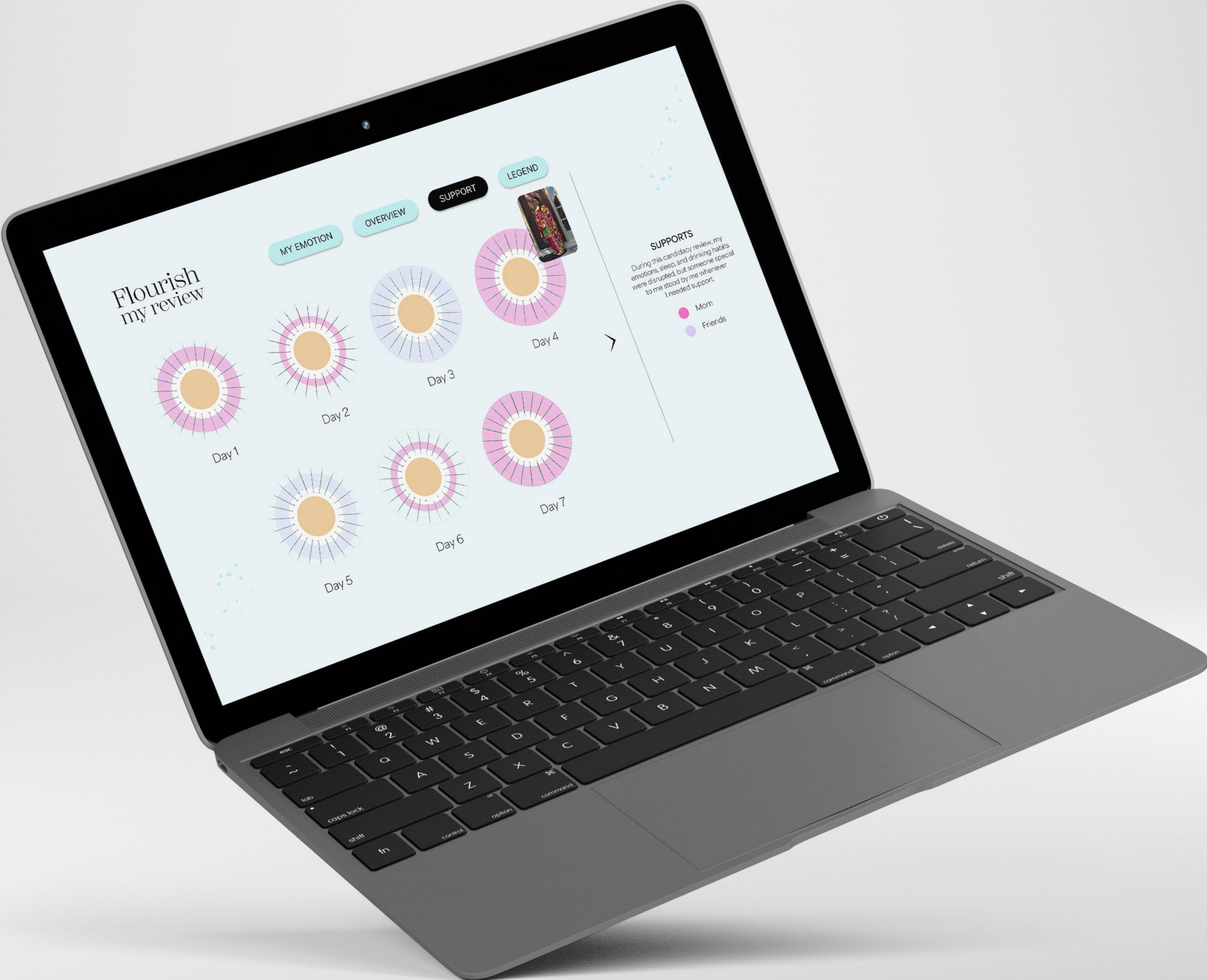


14%

According to the dataset, most of the time I feel happy and blessed. I only feel sad a few times, and anger is more frequent than all other emotions.

### MAIN KEYS

- EMOTIONS
  - Happy
  - Blessing
  - Thinking
  - Angry
  - Sad
  - Crying
- SLEEPING HABBITS
  - interrupted sleep
  - Uninterrupted sleep
- EATING HABBITS
  - I ate well
  - I didn't eat well



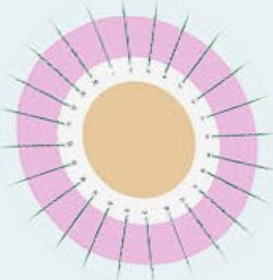
# Flourish my review

MY EMOTION

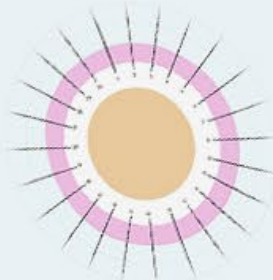
OVERVIEW

SUPPORT

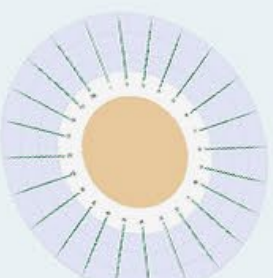
LEGEND



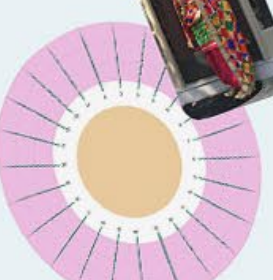
Day 1



Day 2



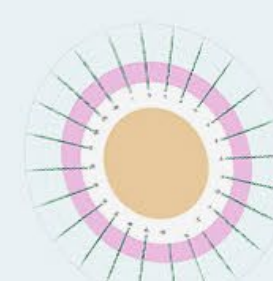
Day 3



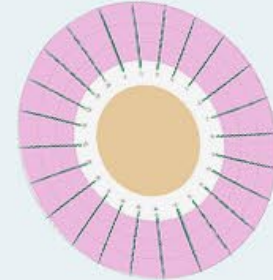
Day 4



Day 5



Day 6



Day 7

## SUPPORTS

During this candidacy review, my emotions, sleep, and drinking habits were disrupted, but someone special to me stood by me whenever I needed support.

● Mom

● Friends



# Flourish my review

Let's start

## Flourish my review

Day 8

Day 9

Day 10

Day 11

Day 12

Day 13

Day 14

MY EMOTION

OVERVIEW

SUPPORT

LEGEND

SUPPORTS

Our supports include mentors, peers, family, friends, and colleagues. We are grateful for their support and advice.

- Mom
- Friends

## Flourish my review

Embark on a journey through many attempts, experiencing the twists and turns of the candidacy review in this emotional tale. Follow my experiences navigating academia with the support of mentors and peers. See how I manage time amidst research, deadlines, and life essentials. Amidst the chaos, find comfort in the support of loved ones. Through perseverance, witness my victory in the candidacy review, emerging stronger and wiser.

## Flourish my review

DIAGRAM PATTERNS

MY EMOTION

OVERVIEW

SUPPORT

LEGEND

EMOTIONS

- Happy
- Bleasing
- Thinking
- Angry
- Sad
- Crying

SLEEPING HABITS

- Interrupted sleep
- Uninterrupted sleep

EATING HABITS

- I ate well
- I didn't eat well

SUPPORT

- Mom
- Friends

Click to view the 3 level of emotions pattern

## Flourish my review

MY EMOTION

OVERVIEW

SUPPORT

LEGEND

EMOTIONS

16%

According to the survey, most of the time, I feel happy and bleasing, only feel sad a few times, and angry or think I have more pain in other emotions.

MAIN KEYS

- EMOTIONS
- Happy
- Bleasing
- Thinking
- Angry
- Sad
- Crying

## Flourish my review

Day 21

MY EMOTION

OVERVIEW

SUPPORT

LEGEND

EMOTIONS

MAIN KEYS

- EMOTIONS
- Happy
- Bleasing
- Thinking
- Angry
- Sad
- Crying

SLEEPING HABITS

- Interrupted sleep
- Uninterrupted sleep

EATING HABITS

- I ate well
- I didn't eat well

## Flourish my review

6

MY EMOTION

OVERVIEW

SUPPORT

LEGEND

EMOTIONS

MAIN KEYS

- EMOTIONS
- Happy
- Bleasing
- Thinking
- Angry
- Sad
- Crying

SLEEPING HABITS

- Interrupted sleep
- Uninterrupted sleep

EATING HABITS

- I ate well
- I didn't eat well



Thank you